



Helbing King of Cross
Mühlberg / 01.11.2015

Detailed evaluation

Nötzoldt, Mike

Club: Flotter3er
Number: 547

Course: 16.00 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:00:33

Speed: 7.96 km/h
Running performance: 7:32 min/km

Rank in course/Total: 195 (of 304)

Rank in course/Men: 180 (of 252)

Best time in course: 1:05:10

Rank in category: 33(of 42)

Best time in the category: 1:05:21

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:17	-	27	2:15	155	2:15	-	3:17	-	27	2:15	155	2:15	
Himmelsleiter +	-	5:06	-	29	2:34	161	2:34	-	8:23	-	28	4:49	156	4:49	
Nordwand + Dov	-	6:33	-	37	2:50	190	2:50	-	14:56	-	32	7:39	168	7:39	
Nordwand + Dov	-	2:25	-	37	1:14	194	1:16	-	17:21	-	33	8:53	174	8:53	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	21:42	-	34	21:27	211	21:29	-	39:03	-	35	15:24	214	19:33	
Pneumant Einstie	-	0:53	-	19	0:39	89	0:39	-	39:56	-	42	15:53	230	20:04	
Pneumant Aussti	-	0:13	-	39	0:12	207	0:12	-	40:09	-	43	16:01	247	20:11	
Heuschnupfen Ei	-	13:08	-	34	5:38	179	5:49	-	53:17	-	42	20:13	242	26:00	
Heuschnupfen Ai	-	0:11	-	41	0:07	229	0:07	-	53:28	-	43	20:18	242	26:07	
Schlammbowle E	-	2:51	-	31	1:08	142	1:08	-	56:19	-	43	21:00	241	27:14	
Schlammbowle A	-	1:24	-	37	0:50	195	0:50	-	57:43	-	43	21:47	248	28:03	
Himmelsleiter +	-	4:55	-	27	2:12	135	2:12	-	1:02:38	-	43	23:21	244	30:08	
Himmelsleiter +	-	4:44	-	26	1:57	121	1:57	-	1:07:22	-	43	24:35	244	31:59	
Nordwand + Dov	-	6:57	-	30	2:59	153	2:59	-	1:14:19	-	43	26:42	244	34:55	
Nordwand + Dov	-	2:22	-	35	1:18	197	1:18	-	1:16:41	-	43	27:34	244	36:06	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	21:13	-	36	20:57	214	21:02	-	1:37:54	-	37	35:19	223	46:17	
Pneumant Einstie	-	1:21	-	21	0:59	134	1:01	-	1:39:15	-	31	36:16	196	47:18	
Pneumant Aussti	-	0:06	-	10	0:04	52	0:04	-	1:39:21	-	43	36:18	245	47:22	
Heuschnupfen Ei	-	12:52	-	29	5:25	138	5:31	-	1:52:13	-	43	40:17	245	52:53	
Heuschnupfen Ai	-	0:11	-	39	0:07	230	0:07	-	1:52:24	-	42	40:23	243	53:00	
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Schlammbowle A	-	4:06	-	42	3:32	242	3:32	-	1:56:30	-	43	41:45	247	54:48	
Sportplatz Mühlb	8.00	4:03	-	29	0:45	159	0:52	16.00	2:00:33	7:32	33	55:12	180	55:23	