



Helbing King of Cross  
Mühlberg / 01.11.2015

Detailed evaluation

Hoffmann, Christian

Club: Vippacher Sport Orden  
Number: 377

Course: 16.00 km  
Expert

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:10:22

Speed: 7.36 km/h  
Running performance: 8:09 min/km

Rank in course/Total: 244 (of 304)

Rank in course/Men: 217 (of 252)

Best time in course: 1:05:10

Rank in category: 46(of 53)

Best time in the category: 1:09:26

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	4:32	-	47	3:25	220	3:30	-	4:32	-	47	3:25	220	3:30	
Himmelsleiter +	-	5:32	-	46	2:43	228	3:00	-	10:04	-	47	6:08	226	6:30	
Nordwand + Dov	-	6:47	-	43	2:52	212	3:04	-	16:51	-	47	9:00	227	9:34	
Nordwand + Dov	-	2:30	-	44	1:14	211	1:21	-	19:21	-	47	10:04	227	10:53	
Duckmäuser Eins	-	20:27	-	28	9:09	136	9:47	-	39:48	-	28	19:13	136	20:32	
Duckmäuser Aus	-	0:29	-	24	0:12	107	0:16	-	40:17	-	28	19:21	133	20:47	
Pneumant Einstie	-	2:01	-	39	1:41	188	1:47	-	42:18	-	27	21:02	126	22:26	
Pneumant Aussti	-	0:12	-	46	0:10	201	0:11	-	42:30	-	27	21:10	126	22:32	
Heuschnupfen Ei	-	14:03	-	48	6:08	221	6:44	-	56:33	-	27	27:18	121	29:16	
Heuschnupfen Ai	-	0:06	-	13	0:02	50	0:02	-	56:39	-	27	27:19	117	29:18	
Schlammbowle E	-	3:09	-	42	1:23	211	1:26	-	59:48	-	25	28:42	115	30:43	
Schlammbowle A	-	1:30	-	46	0:54	211	0:56	-	1:01:18	-	25	29:36	115	31:38	
Himmelsleiter +	-	6:27	-	48	3:26	234	3:44	-	1:07:45	-	25	33:02	118	35:15	
Himmelsleiter +	-	5:43	-	46	2:40	228	2:56	-	1:13:28	-	25	35:42	118	38:05	
Nordwand + Dov	-	8:04	-	47	3:54	222	4:06	-	1:21:32	-	25	39:36	117	42:08	
Nordwand + Dov	-	2:39	-	49	1:16	234	1:35	-	1:24:11	-	25	40:51	119	43:36	
Duckmäuser Eins	-	22:08	-	36	10:17	163	21:51	-	1:46:19	-	22	51:08	102	54:55	
Duckmäuser Aus	-	0:30	-	29	0:15	135	0:19	-	1:46:49	-	22	51:21	101	55:12	
Pneumant Einstie	-	1:09	-	24	0:48	106	0:49	-	1:47:58	-	20	52:09	89	56:01	
Pneumant Aussti	-	0:10	-	39	0:08	153	0:08	-	1:48:08	-	20	52:15	89	56:09	
Heuschnupfen Ei	-	13:37	-	35	5:39	176	6:16	-	2:01:45	-	20	57:54	88	1:02:25	
Heuschnupfen Ai	-	0:09	-	47	0:05	212	0:05	-	2:01:54	-	20	57:59	88	1:02:30	
Schlammbowle E	-	2:55	-	28	1:14	149	1:14	-	2:04:49	-	20	59:13	85	1:03:43	
Schlammbowle A	-	1:22	-	39	0:43	177	0:48	-	2:06:11	-	20	59:56	85	1:04:29	
Sportplatz Mühlb	8.00	4:11	-	39	1:00	194	1:00	16.00	2:10:22	8:08	46	1:00:56	217	1:05:12	