



Detailed evaluation

Bethke, Steven

Club: Die Fantastischen Fünf
Number: 405

Course: 16.00 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:03:22

Speed: 7.78 km/h
Running performance: 7:43 min/km

Rank in course/Total: 210 (of 304)

Rank in course/Men: 189 (of 252)

Best time in course: 1:05:10

Rank in category: 28(of 31)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:25	-	21	2:13	163	2:23	-	3:25	-	21	2:13	163	2:23	
Himmelsleiter +	-	5:11	-	22	2:26	177	2:39	-	8:36	-	21	4:39	165	5:02	
Nordwand + Dov	-	6:47	-	29	2:52	212	3:04	-	15:23	-	24	7:31	190	8:06	
Nordwand + Dov	-	2:31	-	28	1:06	216	1:22	-	17:54	-	24	8:37	191	9:26	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	21:41	-	29	21:20	221	21:27	-	39:35	-	31	18:18	230	19:43	
Pneumant Aussti	-	0:09	-	15	0:05	133	0:08	-	39:44	-	31	18:21	247	19:46	
Heuschnupfen Ei	-	14:00	-	28	6:07	218	6:41	-	53:44	-	32	24:28	242	26:27	
Heuschnupfen Ai	-	0:08	-	27	0:03	194	0:04	-	53:52	-	31	24:29	242	26:31	
Schlammbowle E	-	3:08	-	28	1:24	209	1:25	-	57:00	-	32	25:53	241	27:55	
Schlammbowle A	-	1:29	-	28	0:52	210	0:55	-	58:29	-	32	26:45	248	28:49	
Himmelsleiter +	-	4:58	-	23	1:58	147	2:15	-	1:03:27	-	31	28:43	244	30:57	
Himmelsleiter +	-	5:05	-	26	2:02	169	2:18	-	1:08:32	-	31	30:45	244	33:09	
Nordwand + Dov	-	7:25	-	26	3:15	188	3:27	-	1:15:57	-	31	34:00	244	36:33	
Nordwand + Dov	-	2:25	-	26	1:01	210	1:21	-	1:18:22	-	31	35:01	244	37:47	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	21:46	-	29	21:32	216	21:35	-	1:40:08	-	30	44:39	223	48:31	
Pneumant Einstie	-	1:05	-	17	0:44	100	0:45	-	1:41:13	-	28	45:23	196	49:16	
Pneumant Aussti	-	0:09	-	23	0:07	135	0:07	-	1:41:22	-	31	45:25	245	49:23	
Heuschnupfen Ei	-	13:28	-	24	5:34	172	6:07	-	1:54:50	-	31	50:59	245	55:30	
Heuschnupfen Ai	-	0:08	-	27	0:03	189	0:04	-	1:54:58	-	31	51:01	243	55:34	
Schlammbowle E	-	3:04	-	24	1:21	173	1:23	-	1:58:02	-	29	52:22	241	56:56	
Schlammbowle A	-	1:19	-	23	0:41	165	0:45	-	1:59:21	-	31	53:03	247	57:39	
Sportplatz Mühlb	8.00	4:01	-	23	0:43	153	0:50	16.00	2:03:22	7:42	28	53:46	189	58:12	