



## Detailed evaluation

Colin, Kreis

Club: Erfurt  
Number: 209

Course: 8.00 km  
Sprint

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:08:41

Speed: 6.99 km/h  
Running performance: 8:35 min/km

Rank in course/Total: 203 (of 292)

Rank in course/Men: 151 (of 192)

Best time in course: 38:15

Rank in category: 27(of 31)

Best time in the category: 44:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:29	-	24	2:30	141	3:07	-	4:29	-	24	2:30	141	3:07
Himmelsleiter +	-	5:42	-	27	2:18	143	2:52	-	10:11	-	24	4:48	140	5:59
Nordwand + Dov	-	7:38	-	27	2:37	159	3:13	-	17:49	-	29	7:25	148	9:10
Nordwand + Dov	-	2:40	-	30	1:11	149	1:12	-	20:29	-	29	8:36	147	10:18
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	22:39	-	28	22:20	153	22:23	-	43:08	-	30	14:53	166	20:04
Pneumant Einstie	-	1:11	-	21	0:43	112	0:50	-	44:19	-	30	13:12	184	20:51
Pneumant Aussti	-	0:17	-	29	0:14	178	0:14	-	44:36	-	32	13:24	192	21:02
Heuschnupfen Ei	-	14:48	-	27	4:52	148	6:04	-	59:24	-	31	17:04	188	27:06
Heuschnupfen Ai	-	0:08	-	27	0:03	156	0:04	-	59:32	-	32	17:07	190	27:10
Schlammbowle E	-	3:19	-	29	1:07	152	1:24	-	1:02:51	-	32	18:02	189	28:33
Schlammbowle A	-	1:15	-	19	0:40	111	0:41	-	1:04:06	-	32	18:27	191	29:14
Sportplatz Mühlb	8.00	4:35	-	29	0:58	157	1:12	8.00	1:08:41	8:35	27	24:27	151	30:26