



Detailed evaluation

Schneider, Daniela

Club: Die ultimativen Kampfsocken
Number: 146

Course: 8.00 km
Sprint

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:26:46

Speed: 5.53 km/h
Running performance: 10:51 min/km

Rank in course/Total: 284 (of 292)

Rank in course/Women: 91 (of 100)

Best time in course: 46:25

Rank in category: 8(of 8)

Best time in the category: 52:15

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	6:16	-	8	3:27	94	4:06	-	6:16	-	8	3:27	94	4:06
Himmelsleiter +	-	6:33	-	8	2:23	93	2:51	-	12:49	-	8	5:50	97	6:57
Nordwand + Dov	-	9:40	-	8	3:47	91	4:15	-	22:29	-	8	9:37	91	11:06
Nordwand + Dov	-	3:55	-	8	1:56	97	2:24	-	26:24	-	8	11:33	98	13:30
Duckmäuser Eins	-	27:34	-	7	10:21	71	12:24	-	53:58	-	7	21:54	70	25:54
Duckmäuser Aus	-	0:28	-	3	0:04	33	0:10	-	54:26	-	7	21:53	69	26:04
Pneumant Einstie	-	1:53	-	6	1:24	70	1:30	-	56:19	-	6	23:00	62	27:31
Pneumant Aussti	-	0:11	-	3	0:03	34	0:06	-	56:30	-	6	22:59	62	27:36
Heuschnupfen Ei	-	18:21	-	8	7:06	94	7:47	-	1:14:51	-	6	30:05	62	35:23
Heuschnupfen Ai	-	0:07	-	2	0:01	22	0:02	-	1:14:58	-	6	30:04	60	35:25
Schlammbowle E	-	4:07	-	8	1:31	92	1:40	-	1:19:05	-	6	31:35	59	37:05
Schlammbowle A	-	2:39	-	8	1:45	97	1:56	-	1:21:44	-	6	33:20	61	39:01
Sportplatz Mühlb	8.00	5:02	-	8	1:11	93	1:24	8.00	1:26:46	10:50	8	34:31	91	40:21