



Helbing King of Cross  
Mühlberg / 01.11.2015

Detailed evaluation

Richert, Dirk

Club: Wurzbach  
Number: 497

Course: 16.00 km  
Expert

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:43:51

Speed: 9.24 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 90 (of 304)

Rank in course/Men: 85 (of 252)

Best time in course: 1:05:10

Rank in category: 13(of 35)

Best time in the category: 1:17:46

Intermediate times							Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:48	-	13	1:23	113	1:46	-	2:48	-	13	1:23	113	1:46
Himmelsleiter +	-	4:02	-	6	1:01	60	1:30	-	6:50	-	8	2:23	77	3:16
Nordwand + Dov	-	5:29	-	9	1:10	58	1:46	-	12:19	-	8	3:33	66	5:02
Nordwand + Dov	-	1:53	-	10	0:32	72	0:44	-	14:12	-	8	4:05	66	5:44
Duckmäuser Eins	-	15:57	-	6	3:16	37	5:17	-	30:09	-	5	7:21	40	10:53
Duckmäuser Aus	-	0:25	-	9	0:05	70	0:12	-	30:34	-	5	7:26	40	11:04
Pneumant Einstie	-	0:48	-	13	0:24	81	0:34	-	31:22	-	5	7:48	38	11:30
Pneumant Aussti	-	0:10	-	22	0:08	164	0:09	-	31:32	-	5	7:53	37	11:34
Heuschupfen Ei	-	11:34	-	11	2:41	81	4:15	-	43:06	-	6	10:34	39	15:49
Heuschupfen Ai	-	0:09	-	29	0:04	210	0:05	-	43:15	-	6	10:37	40	15:54
Schlammbowle E	-	2:42	-	17	0:38	106	0:59	-	45:57	-	6	11:15	40	16:52
Schlammbowle A	-	1:04	-	16	0:18	115	0:30	-	47:01	-	6	11:33	41	17:21
Himmelsleiter +	-	4:28	-	12	1:04	74	1:45	-	51:29	-	6	12:37	39	18:59
Himmelsleiter +	-	4:23	-	8	0:58	67	1:36	-	55:52	-	5	13:35	38	20:29
Nordwand + Dov	-	6:08	-	12	1:25	76	2:10	-	1:02:00	-	5	15:00	37	22:36
Nordwand + Dov	-	2:04	-	20	0:39	132	1:00	-	1:04:04	-	6	15:39	39	23:29
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	18:29	-	28	18:17	197	18:18	-	1:22:33	-	32	20:37	223	30:56
Pneumant Einstie	-	0:49	-	10	0:29	52	0:29	-	1:23:22	-	26	21:01	196	31:25
Pneumant Aussti	-	0:10	-	18	0:07	153	0:08	-	1:23:32	-	36	21:07	245	31:33
Heuschupfen Ei	-	12:03	-	18	3:07	103	4:42	-	1:35:35	-	36	24:14	245	36:15
Heuschupfen Ai	-	0:07	-	19	0:02	132	0:03	-	1:35:42	-	36	24:16	243	36:18
Schlammbowle E	-	2:55	-	21	0:51	149	1:14	-	1:38:37	-	34	25:07	241	37:31
Schlammbowle A	-	1:17	-	21	0:33	154	0:43	-	1:39:54	-	36	25:37	247	38:12
Sportplatz Mühlb	8.00	3:57	-	19	0:28	128	0:46	16.00	1:43:51	6:29	13	26:05	85	38:41