



## Detailed evaluation

Rönicke, Ronny

Club: trial & error  
Number: 124

Course: 8.00 km  
Sprint

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:04:27

Speed: 7.45 km/h  
Running performance: 8:04 min/km

Rank in course/Total: 160 (of 292)

Rank in course/Men: 126 (of 192)

Best time in course: 38:15

Rank in category: 28(of 38)

Best time in the category: 45:12

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:40	-	34	2:54	154	3:18	-	4:40	-	34	2:54	154	3:18
Himmelsleiter +	-	5:50	-	33	2:20	160	3:00	-	10:30	-	31	5:14	150	6:18
Nordwand + Dov	-	7:25	-	27	2:10	149	3:00	-	17:55	-	29	7:24	151	9:16
Nordwand + Dov	-	3:43	-	37	2:05	187	2:15	-	21:38	-	31	9:24	160	11:27
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	20:14	-	27	19:55	137	19:58	-	41:52	-	34	14:00	166	18:48
Pneumant Einstie	-	2:43	-	31	2:19	155	2:22	-	44:35	-	38	16:07	184	21:07
Pneumant Aussti	-	0:14	-	32	0:09	159	0:11	-	44:49	-	39	16:16	192	21:15
Heuschnupfen Ei	-	12:00	-	15	2:06	63	3:16	-	56:49	-	38	18:22	188	24:31
Heuschnupfen Ai	-	0:07	-	25	0:03	122	0:03	-	56:56	-	39	18:24	190	24:34
Schlammbowle E	-	2:32	-	15	0:27	50	0:37	-	59:28	-	39	18:43	189	25:10
Schlammbowle A	-	0:52	-	6	0:08	36	0:18	-	1:00:20	-	39	18:51	191	25:28
Sportplatz Mühlb	8.00	4:07	-	17	0:27	97	0:44	8.00	1:04:27	8:03	28	19:15	126	26:12