



Detailed evaluation

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Club: erfurt
Number: 361

Course: 16.00 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:44:13

Speed: 9.21 km/h
Running performance: 6:31 min/km

Rank in course/Total: 91 (of 304)

Rank in course/Men: 86 (of 252)

Best time in course: 1:05:10

Rank in category: 14(of 31)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:27	-	11	1:15	70	1:25	-	2:27	-	11	1:15	70	1:25	
Himmelsleiter +	-	4:07	-	12	1:22	65	1:35	-	6:34	-	11	2:37	66	3:00	
Nordwand + Dov	-	5:44	-	14	1:49	99	2:01	-	12:18	-	12	4:26	65	5:01	
Nordwand + Dov	-	1:56	-	14	0:31	84	0:47	-	14:14	-	12	4:57	67	5:46	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	17:05	-	26	16:47	180	16:52	-	31:19	-	28	10:23	214	11:49	
Pneumant Einstie	-	1:23	-	24	1:02	166	1:09	-	32:42	-	31	11:25	230	12:50	
Pneumant Aussti	-	0:06	-	5	0:02	43	0:05	-	32:48	-	31	11:25	247	12:50	
Heuschneppen Ei	-	11:43	-	13	3:50	94	4:24	-	44:31	-	32	15:15	242	17:14	
Heuschneppen Ai	-	0:05	-	1	-	8	0:01	-	44:36	-	31	15:13	242	17:15	
Schlammbowle E	-	2:42	-	13	0:58	106	0:59	-	47:18	-	32	16:11	241	18:13	
Schlammbowle A	-	1:04	-	17	0:27	115	0:30	-	48:22	-	32	16:38	248	18:42	
Himmelsleiter +	-	4:30	-	13	1:30	81	1:47	-	52:52	-	31	18:08	244	20:22	
Himmelsleiter +	-	4:28	-	12	1:25	81	1:41	-	57:20	-	31	19:33	244	21:57	
Nordwand + Dov	-	6:06	-	11	1:56	72	2:08	-	1:03:26	-	31	21:29	244	24:02	
Nordwand + Dov	-	2:05	-	16	0:41	136	1:01	-	1:05:31	-	31	22:10	244	24:56	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	17:54	-	26	17:40	192	17:43	-	1:23:25	-	30	27:56	223	31:48	
Pneumant Einstie	-	0:58	-	14	0:37	86	0:38	-	1:24:23	-	28	28:33	196	32:26	
Pneumant Aussti	-	0:08	-	18	0:06	103	0:06	-	1:24:31	-	31	28:34	245	32:32	
Heuschneppen Ei	-	11:44	-	12	3:50	86	4:23	-	1:36:15	-	31	32:24	245	36:55	
Heuschneppen Ai	-	0:07	-	21	0:02	132	0:03	-	1:36:22	-	31	32:25	243	36:58	
Schlammbowle E	-	2:45	-	14	1:02	109	1:04	-	1:39:07	-	29	33:27	241	38:01	
Schlammbowle A	-	1:08	-	13	0:30	100	0:34	-	1:40:15	-	31	33:57	247	38:33	
Sportplatz Mühlb	8.00	3:58	-	19	0:40	132	0:47	16.00	1:44:13	6:30	14	34:37	86	39:03	