



Helbing King of Cross
Mühlberg / 01.11.2015

Detailed evaluation

Ertner, Dirk

Club: Rolschtrunners
Number: 477

Course: 16.00 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:42:46

Speed: 5.90 km/h
Running performance: 10:10 min/km

Rank in course/Total: 290 (of 304)

Rank in course/Men: 246 (of 252)

Best time in course: 1:05:10

Rank in category: 35(of 35)

Best time in the category: 1:17:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	5:11	-	35	3:46	249	4:09	-	5:11	-	35	3:46	249	4:09
Himmelsleiter +	-	6:03	-	35	3:02	248	3:31	-	11:14	-	35	6:47	248	7:40
Nordwand + Dov	-	8:40	-	35	4:21	248	4:57	-	19:54	-	35	11:08	249	12:37
Nordwand + Dov	-	2:48	-	32	1:27	238	1:39	-	22:42	-	35	12:35	248	14:14
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	25:26	-	30	25:06	212	25:13	-	48:08	-	19	25:00	150	28:38
Pneumant Einstie	-	2:00	-	27	1:36	187	1:46	-	50:08	-	31	26:34	230	30:16
Pneumant Aussti	-	0:21	-	29	0:19	226	0:20	-	50:29	-	35	26:50	247	30:31
Heuschnupfen Ei	-	16:16	-	32	7:23	238	8:57	-	1:06:45	-	33	34:13	242	39:28
Heuschnupfen Ai	-	0:06	-	6	0:01	50	0:02	-	1:06:51	-	33	34:13	242	39:30
Schlammbowle E	-	3:34	-	32	1:30	231	1:51	-	1:10:25	-	33	35:43	241	41:20
Schlammbowle A	-	1:49	-	32	1:03	229	1:15	-	1:12:14	-	34	36:46	248	42:34
Himmelsleiter +	-	7:07	-	33	3:43	238	4:24	-	1:19:21	-	34	40:29	244	46:51
Himmelsleiter +	-	6:43	-	33	3:18	242	3:56	-	1:26:04	-	34	43:47	244	50:41
Nordwand + Dov	-	9:52	-	33	5:09	241	5:54	-	1:35:56	-	34	48:56	244	56:32
Nordwand + Dov	-	3:25	-	33	2:00	240	2:21	-	1:39:21	-	34	50:56	244	58:46
Duckmäuser Eins	-	28:56	-	25	28:39	189	28:39	-	2:08:17	-	26	1:06:43	191	1:16:53
Duckmäuser Aus	-	0:40	-	24	0:28	174	0:29	-	2:08:57	-	32	1:07:01	223	1:17:20
Pneumant Einstie	-	2:18	-	22	1:58	178	1:58	-	2:11:15	-	26	1:08:54	196	1:19:18
Pneumant Aussti	-	0:11	-	22	0:08	174	0:09	-	2:11:26	-	36	1:09:01	245	1:19:27
Heuschnupfen Ei	-	19:22	-	35	10:26	242	12:01	-	2:30:48	-	36	1:19:27	245	1:31:28
Heuschnupfen Ai	-	0:14	-	35	0:09	238	0:10	-	2:31:02	-	36	1:19:36	243	1:31:38
Schlammbowle E	-	4:38	-	33	2:34	235	2:57	-	2:35:40	-	34	1:22:10	241	1:34:34
Schlammbowle A	-	1:57	-	32	1:13	233	1:23	-	2:37:37	-	36	1:23:20	247	1:35:55
Sportplatz Mühlb	8.00	5:09	-	33	1:40	242	1:58	16.00	2:42:46	10:10	35	1:25:00	246	1:37:36