



Detailed evaluation

Elsäßer, Gisela

Total time: 2:41:42

Club: Drillout Peppi's GTTR Laufladen Erfurt Runners
Number: 519

Speed: 5.94 km/h

Running performance: 10:07 min/km

Course: 16.00 km

Rank in course/Total: 286 (of 304)

Expert

Rank in course/Women: 42 (of 52)

Best time in course: 1:26:55

Category:

Rank in category: 1(of 1)

Seniorinnen W60 (60-64 Jahre)

Best time in the category: 2:41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	km	Time
Himmelsleiter +	-	5:00	-	1	-	42	2:59	-	5:00	-	1	-	42	2:59		
Himmelsleiter +	-	5:59	-	1	-	42	2:28	-	10:59	-	1	-	40	5:27		
Nordwand + Dov	-	8:18	-	1	-	41	3:18	-	19:17	-	1	-	41	8:35		
Nordwand + Dov	-	3:09	-	1	-	49	1:33	-	22:26	-	1	-	40	10:05		
Duckmäuser Eins	-	24:18	-	1	-	25	10:17	-	46:44	-	1	-	25	20:22		
Duckmäuser Aus	-	0:43	-	1	-	27	0:24	-	47:27	-	1	-	24	20:44		
Pneumant Einstie	-	2:03	-	1	-	37	1:45	-	49:30	-	1	-	24	22:16		
Pneumant Aussti	-	0:29	-	1	-	48	0:25	-	49:59	-	1	-	24	22:38		
Heuschupfen Ei	-	17:23	-	1	-	47	7:32	-	1:07:22	-	1	-	27	30:10		
Heuschupfen Ai	-	0:11	-	1	-	49	0:06	-	1:07:33	-	1	-	27	30:15		
Schlammbowle E	-	3:39	-	1	-	39	1:24	-	1:11:12	-	1	-	26	31:39		
Schlammbowle A	-	1:59	-	1	-	43	1:06	-	1:13:11	-	1	-	26	32:41		
Himmelsleiter +	-	8:07	-	1	-	48	4:29	-	1:21:18	-	1	-	27	37:10		
Himmelsleiter +	-	6:00	-	1	-	37	2:06	-	1:27:18	-	1	-	26	39:16		
Nordwand + Dov	-	8:04	-	1	-	33	2:54	-	1:35:22	-	1	-	23	42:10		
Nordwand + Dov	-	4:14	-	1	-	49	2:39	-	1:39:36	-	1	-	26	44:49		
Duckmäuser Eins	-	25:48	-	1	-	31	11:04	-	2:05:24	-	1	-	22	55:53		
Duckmäuser Aus	-	0:44	-	1	-	36	0:27	-	2:06:08	-	1	-	22	56:16		
Pneumant Einstie	-	3:21	-	1	-	45	2:56	-	2:09:29	-	1	-	20	59:03		
Pneumant Aussti	-	0:26	-	1	-	44	0:20	-	2:09:55	-	1	-	20	59:23		
Heuschupfen Ei	-	16:40	-	1	-	37	7:00	-	2:26:35	-	1	-	20	1:06:23		
Heuschupfen Ai	-	0:11	-	1	-	40	0:06	-	2:26:46	-	1	-	20	1:06:28		
Schlammbowle E	-	7:46	-	1	-	45	5:38	-	2:34:32	-	1	-	20	1:12:06		
Schlammbowle A	-	2:20	-	1	-	41	1:26	-	2:36:52	-	1	-	19	1:13:32		
Sportplatz Mühlb	8.00	4:50	-	1	-	43	1:15	16.00	2:41:42	10:06	1	-	42	1:14:47		