



Detailed evaluation

Franke, Sebastian

Club: 50 Shades of Matsch
Number: 242

Course: 8.00 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 53:23

Speed: 8.99 km/h
Running performance: 6:40 min/km

Rank in course/Total: 59 (of 292)

Rank in course/Men: 54 (of 192)

Best time in course: 38:15

Rank in category: 12(of 40)

Best time in the category: 38:39

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:35	-	8	1:13	46	1:13	-	2:35	-	8	1:13	46	1:13
Himmelsleiter +	-	4:15	-	10	1:25	48	1:25	-	6:50	-	7	2:38	45	2:38
Nordwand + Dov	-	5:58	-	9	1:31	46	1:33	-	12:48	-	9	4:09	44	4:09
Nordwand + Dov	-	1:58	-	9	0:26	44	0:30	-	14:46	-	10	4:35	45	4:35
Duckmäuser Eins	-	18:03	-	10	3:37	54	5:42	-	32:49	-	9	5:34	46	10:03
Duckmäuser Aus	-	0:25	-	12	0:09	51	0:09	-	33:14	-	9	5:39	45	10:10
Pneumant Einstie	-	0:37	-	6	0:16	38	0:16	-	33:51	-	9	5:47	43	10:23
Pneumant Aussti	-	0:08	-	15	0:05	52	0:05	-	33:59	-	9	5:52	43	10:25
Heuschnupfen Ei	-	11:34	-	10	2:39	51	2:50	-	45:33	-	9	7:14	43	13:15
Heuschnupfen Ai	-	0:05	-	3	0:01	10	0:01	-	45:38	-	9	7:15	41	13:16
Schlammbowle E	-	2:33	-	12	0:38	54	0:38	-	48:11	-	9	7:40	41	13:53
Schlammbowle A	-	1:07	-	21	0:27	95	0:33	-	49:18	-	9	8:03	41	14:26
Sportplatz Mühlb	8.00	4:05	-	19	0:40	86	0:42	8.00	53:23	6:40	12	14:44	54	15:08