



## Detailed evaluation

Groll, Katrin

Club: Sportlerschmiede-HalbeLunge-Ilmenau  
Number: 34

Course: 8.00 km  
Sprint

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:11:33

Speed: 6.71 km/h  
Running performance: 8:56 min/km

Rank in course/Total: 233 (of 292)

Rank in course/Women: 64 (of 100)

Best time in course: 46:25

Rank in category: 9(of 15)

Best time in the category: 53:46

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	4:30	-	9	1:40	50	2:20	-	4:30	-	9	1:40	50	2:20
Himmelsleiter +	-	5:52	-	7	1:46	58	2:10	-	10:22	-	9	3:26	51	4:30
Nordwand + Dov	-	7:59	-	11	1:51	72	2:34	-	18:21	-	9	5:17	60	6:58
Nordwand + Dov	-	3:11	-	14	1:06	85	1:40	-	21:32	-	9	6:23	62	8:38
Duckmäuser Eins	-	22:13	-	6	4:29	45	7:03	-	43:45	-	7	8:04	48	15:41
Duckmäuser Aus	-	0:27	-	6	0:06	26	0:09	-	44:12	-	7	8:10	47	15:50
Pneumant Einstie	-	1:34	-	10	1:11	61	1:11	-	45:46	-	6	8:43	45	16:58
Pneumant Aussti	-	0:16	-	13	0:10	76	0:11	-	46:02	-	6	8:49	45	17:08
Heuschnupfen Ei	-	15:59	-	11	4:12	77	5:25	-	1:02:01	-	6	13:01	45	22:33
Heuschnupfen Ai	-	0:08	-	8	0:03	51	0:03	-	1:02:09	-	6	13:03	43	22:36
Schlammbowle E	-	3:27	-	12	0:50	70	1:00	-	1:05:36	-	6	13:53	42	23:36
Schlammbowle A	-	1:17	-	4	0:20	27	0:34	-	1:06:53	-	6	13:47	42	24:10
Sportplatz Mühlb	8.00	4:40	-	11	0:43	75	1:02	8.00	1:11:33	8:56	9	17:47	64	25:08