



Detailed evaluation

Ragoschat, Ornett

Club: Erfurt
Number: 255

Course: 8.00 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 56:52

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 76 (of 292)

Rank in course/Women: 10 (of 100)

Best time in course: 46:25

Rank in category: 4(of 25)

Best time in the category: 48:57

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	3:16	-	5	0:57	16	1:06	-	3:16	-	5	0:57	16	1:06
Himmelsleiter +	-	4:31	-	3	0:36	9	0:49	-	7:47	-	4	1:33	14	1:55
Nordwand + Dov	-	6:07	-	3	0:42	7	0:42	-	13:54	-	3	2:15	10	2:31
Nordwand + Dov	-	2:09	-	4	0:13	11	0:38	-	16:03	-	3	2:19	8	3:09
Duckmäuser Eins	-	18:12	-	3	2:11	8	3:02	-	34:15	-	3	4:30	7	6:11
Duckmäuser Aus	-	0:23	-	3	0:02	7	0:05	-	34:38	-	3	4:29	7	6:16
Pneumant Einstie	-	0:45	-	5	0:21	17	0:22	-	35:23	-	3	4:50	7	6:35
Pneumant Aussti	-	0:11	-	8	0:04	34	0:06	-	35:34	-	3	4:51	7	6:40
Heuschnupfen Ei	-	12:43	-	4	1:53	14	2:09	-	48:17	-	3	6:44	8	8:49
Heuschnupfen Ai	-	0:07	-	3	0:02	22	0:02	-	48:24	-	3	6:45	8	8:51
Schlammbowle E	-	2:53	-	5	0:24	25	0:26	-	51:17	-	3	7:09	8	9:17
Schlammbowle A	-	1:21	-	9	0:34	33	0:38	-	52:38	-	4	7:29	9	9:55
Sportplatz Mühlb	8.00	4:14	-	9	0:31	39	0:36	8.00	56:52	7:06	4	7:55	10	10:27