



Detailed evaluation

Naumann, Uwe

Number: 318

Course: 8.00 km

Sprint

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:09:13

Speed: 6.93 km/h

Running performance: 8:39 min/km

Rank in course/Total: 206 (of 292)

Rank in course/Men: 153 (of 192)

Best time in course: 38:15

Rank in category: 8(of 12)

Best time in the category: 42:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:36	-	8	2:51	148	3:14	-	4:36	-	8	2:51	148	3:14
Himmelsleiter +	-	5:53	-	8	2:34	165	3:03	-	10:29	-	8	5:25	149	6:17
Nordwand + Dov	-	8:04	-	10	3:14	175	3:39	-	18:33	-	9	8:39	162	9:54
Nordwand + Dov	-	3:01	-	11	1:24	174	1:33	-	21:34	-	9	10:03	157	11:23
Duckmäuser Eins	-	21:22	-	5	7:32	104	9:01	-	42:56	-	6	17:35	110	20:10
Duckmäuser Aus	-	0:34	-	6	0:14	114	0:18	-	43:30	-	6	17:49	109	20:26
Pneumant Einstie	-	1:24	-	11	0:53	132	1:03	-	44:54	-	6	18:42	107	21:26
Pneumant Aussti	-	0:13	-	9	0:05	146	0:10	-	45:07	-	6	18:47	107	21:33
Heuschnupfen Ei	-	14:34	-	7	4:55	143	5:50	-	59:41	-	5	23:42	100	27:23
Heuschnupfen Ai	-	0:07	-	7	0:02	122	0:03	-	59:48	-	5	23:44	98	27:26
Schlammbowle E	-	3:16	-	8	1:00	150	1:21	-	1:03:04	-	5	24:43	96	28:46
Schlammbowle A	-	1:34	-	9	0:45	156	1:00	-	1:04:38	-	5	25:28	96	29:46
Sportplatz Mühlb	8.00	4:35	-	9	0:58	157	1:12	8.00	1:09:13	8:39	8	26:26	153	30:58