



Detailed evaluation

Schneider, Frank

Club: Getting Tough Rudolstadt
Number: 555

Course: 16.00 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:38:29

Speed: 9.75 km/h
Running performance: 6:10 min/km

Rank in course/Total: 53 (of 304)

Rank in course/Men: 48 (of 252)

Best time in course: 1:05:10

Rank in category: 9(of 42)

Best time in the category: 1:05:21

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	1:45	-	6	0:43	23	0:43	-	1:45	-	6	0:43	23	0:43	
Himmelsleiter +	-	2:56	-	2	0:24	9	0:24	-	4:41	-	4	1:07	16	1:07	
Nordwand + Dov	-	5:20	-	9	1:37	42	1:37	-	10:01	-	5	2:44	21	2:44	
Nordwand + Dov	-	1:15	-	2	0:04	4	0:06	-	11:16	-	5	2:48	18	2:48	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	15:56	-	22	15:41	166	15:43	-	27:12	-	35	3:33	214	7:42	
Pneumant Einstie	-	1:13	-	25	0:59	142	0:59	-	28:25	-	42	4:22	230	8:33	
Pneumant Aussti	-	0:01	-	1	-	1	-	-	28:26	-	43	4:18	247	8:28	
Heuschnupfen Ei	-	10:26	-	7	2:56	30	3:07	-	38:52	-	42	5:48	242	11:35	
Heuschnupfen Ai	-	0:05	-	3	0:01	8	0:01	-	38:57	-	43	5:47	242	11:36	
Schlammbowle E	-	2:42	-	27	0:59	106	0:59	-	41:39	-	43	6:20	241	12:34	
Schlammbowle A	-	0:34	-	1	-	1	-	-	42:13	-	43	6:17	248	12:33	
Himmelsleiter +	-	4:50	-	23	2:07	124	2:07	-	47:03	-	43	7:46	244	14:33	
Himmelsleiter +	-	2:47	-	1	-	1	-	-	49:50	-	43	7:03	244	14:27	
Nordwand + Dov	-	8:09	-	40	4:11	228	4:11	-	57:59	-	43	10:22	244	18:35	
Nordwand + Dov	-	1:04	-	1	-	1	-	-	59:03	-	43	9:56	244	18:28	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	19:04	-	35	18:48	206	18:53	-	1:18:07	-	37	15:32	223	26:30	
Pneumant Einstie	-	1:12	-	15	0:50	112	0:52	-	1:19:19	-	31	16:20	196	27:22	
Pneumant Aussti	-	0:02	-	1	-	1	-	-	1:19:21	-	43	16:18	245	27:22	
Heuschnupfen Ei	-	11:57	-	19	4:30	98	4:36	-	1:31:18	-	43	19:22	245	31:58	
Heuschnupfen Ai	-	0:04	-	1	-	1	-	-	1:31:22	-	42	19:21	243	31:58	
Schlammbowle E	-	2:50	-	25	1:07	134	1:09	-	1:34:12	-	42	20:10	241	33:06	
Schlammbowle A	-	0:34	-	1	-	1	-	-	1:34:46	-	43	20:01	247	33:04	
Sportplatz Mühlb	8.00	3:43	-	6	0:25	47	0:32	16.00	1:38:29	6:09	9	33:08	48	33:19	