



Detailed evaluation

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Club: Getting Tough e.V.
Number: 384

Course: 16.00 km
Expert

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:02:26

Speed: 7.84 km/h
Running performance: 7:39 min/km

Rank in course/Total: 198 (of 304)

Rank in course/Women: 16 (of 52)

Best time in course: 1:26:55

Rank in category: 3(of 7)

Best time in the category: 1:48:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	2:57	-	2	0:42	10	0:56	-	2:57	-	2	0:42	10	0:56
Himmelsleiter +	-	5:07	-	3	1:28	14	1:36	-	8:04	-	2	2:10	11	2:32
Nordwand + Dov	-	6:42	-	6	1:12	23	1:42	-	14:46	-	3	3:22	12	4:04
Nordwand + Dov	-	2:01	-	2	0:22	7	0:25	-	16:47	-	3	3:44	12	4:26
Duckmäuser Eins	-	20:19	-	4	3:12	16	6:18	-	37:06	-	2	3:31	8	10:44
Duckmäuser Aus	-	0:19	-	1	-	1	-	-	37:25	-	2	2:59	7	10:42
Pneumant Einstie	-	0:52	-	2	0:19	9	0:34	-	38:17	-	2	3:18	7	11:03
Pneumant Aussti	-	0:10	-	3	0:03	13	0:06	-	38:27	-	2	3:19	7	11:06
Heuschnupfen Ei	-	13:28	-	3	1:20	19	3:37	-	51:55	-	2	4:39	7	14:43
Heuschnupfen Ai	-	0:06	-	1	-	2	0:01	-	52:01	-	2	4:31	7	14:43
Schlammbowle E	-	3:11	-	5	0:31	26	0:56	-	55:12	-	2	5:02	6	15:39
Schlammbowle A	-	1:04	-	1	-	5	0:11	-	56:16	-	2	4:45	6	15:46
Himmelsleiter +	-	5:48	-	5	1:32	32	2:10	-	1:02:04	-	3	6:17	7	17:56
Himmelsleiter +	-	5:11	-	3	0:44	19	1:17	-	1:07:15	-	3	7:01	8	19:13
Nordwand + Dov	-	7:29	-	5	1:14	24	2:19	-	1:14:44	-	3	8:07	8	21:32
Nordwand + Dov	-	1:56	-	1	-	6	0:21	-	1:16:40	-	3	7:43	8	21:53
Duckmäuser Eins	-	21:00	-	2	3:14	17	6:16	-	1:37:40	-	2	10:57	7	28:09
Duckmäuser Aus	-	0:19	-	1	-	2	0:02	-	1:37:59	-	2	10:42	7	28:07
Pneumant Einstie	-	1:06	-	2	0:33	9	0:41	-	1:39:05	-	2	11:15	7	28:39
Pneumant Aussti	-	0:09	-	2	0:01	10	0:03	-	1:39:14	-	2	11:16	7	28:42
Heuschnupfen Ei	-	14:25	-	5	2:16	23	4:45	-	1:53:39	-	2	13:27	7	33:27
Heuschnupfen Ai	-	0:09	-	4	0:04	30	0:04	-	1:53:48	-	2	13:26	7	33:30
Schlammbowle E	-	3:07	-	4	0:33	18	0:59	-	1:56:55	-	2	13:48	7	34:29
Schlammbowle A	-	1:17	-	2	0:01	11	0:23	-	1:58:12	-	2	13:43	7	34:52
Sportplatz Mühlb	8.00	4:14	-	4	0:22	27	0:39	16.00	2:02:26	7:39	3	14:04	16	35:31