



Detailed evaluation

Bach, Marcel

Club: Stiftung Wadentest
Number: 392

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:00:46

Speed: 7.90 km/h
Running performance: 7:36 min/km

Rank in course/Total: 133 (of 292)

Rank in course/Men: 107 (of 192)

Best time in course: 38:15

Rank in category: 19(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:41	-	10	0:55	47	1:19	-	2:41	-	10	0:55	47	1:19
Himmelsleiter +	-	4:43	-	14	1:13	70	1:53	-	7:24	-	13	2:08	60	3:12
Nordwand + Dov	-	7:14	-	24	1:59	139	2:49	-	14:38	-	13	4:07	74	5:59
Nordwand + Dov	-	2:02	-	12	0:24	51	0:34	-	16:40	-	13	4:26	70	6:29
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	20:37	-	29	20:18	141	20:21	-	37:17	-	14	9:25	79	14:13
Pneumant Einstie	-	0:56	-	12	0:32	74	0:35	-	38:13	-	38	9:45	184	14:45
Pneumant Aussti	-	0:05	-	1	-	8	0:02	-	38:18	-	13	9:45	74	14:44
Heuschnupfen Ei	-	14:02	-	29	4:08	132	5:18	-	52:20	-	38	13:53	188	20:02
Heuschnupfen Ai	-	0:04	-	1	-	1	-	-	52:24	-	39	13:52	190	20:02
Schlammbowle E	-	3:07	-	31	1:02	136	1:12	-	55:31	-	39	14:46	189	21:13
Schlammbowle A	-	1:06	-	20	0:22	92	0:32	-	56:37	-	39	15:08	191	21:45
Sportplatz Mühlb	8.00	4:09	-	19	0:29	103	0:46	8.00	1:00:46	7:35	19	15:34	107	22:31