



# Helbing King of Cross

Mühlberg / 01.11.2015

## Detailed evaluation

**Dietzel, Mario**

Club: Rhöner Rennsäue  
Number: 458

Course: 16.00 km  
Expert

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:02:44

Speed: 7.82 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 205 (of 304)

Rank in course/Men: 185 (of 252)

Best time in course: 1:05:10

Rank in category: 26(of 35)

Best time in the category: 1:17:46

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:41	-	9	1:16	98	1:39	-	2:41	-	9	1:16	98	1:39	
Himmelsleiter +	-	4:46	-	13	1:45	119	2:14	-	7:27	-	12	3:00	111	3:53	
Nordwand + Dov	-	6:13	-	24	1:54	160	2:30	-	13:40	-	16	4:54	124	6:23	
Nordwand + Dov	-	3:11	-	35	1:50	249	2:02	-	16:51	-	23	6:44	158	8:23	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	19:06	-	26	18:46	199	18:53	-	35:57	-	31	12:49	214	16:27	
Pneumant Einstie	-	1:53	-	25	1:29	183	1:39	-	37:50	-	31	14:16	230	17:58	
Pneumant Aussti	-	0:06	-	7	0:04	43	0:05	-	37:56	-	35	14:17	247	17:58	
Heuschnupfen Ei	-	13:11	-	25	4:18	182	5:52	-	51:07	-	33	18:35	242	23:50	
Heuschnupfen Ai	-	0:06	-	6	0:01	50	0:02	-	51:13	-	33	18:35	242	23:52	
Schlammbowle E	-	2:55	-	24	0:51	169	1:12	-	54:08	-	33	19:26	241	25:03	
Schlammbowle A	-	1:23	-	27	0:37	193	0:49	-	55:31	-	34	20:03	248	25:51	
Himmelsleiter +	-	5:24	-	26	2:00	197	2:41	-	1:00:55	-	34	22:03	244	28:25	
Himmelsleiter +	-	5:30	-	28	2:05	212	2:43	-	1:06:25	-	34	24:08	244	31:02	
Nordwand + Dov	-	7:08	-	26	2:25	174	3:10	-	1:13:33	-	34	26:33	244	34:09	
Nordwand + Dov	-	2:10	-	24	0:45	161	1:06	-	1:15:43	-	34	27:18	94	35:08	
Duckmäuser Eins	-	21:07	-	22	20:50	151	20:50	-	1:36:50	-	26	35:16	191	45:26	
Duckmäuser Aus	-	0:34	-	20	0:22	158	0:23	-	1:37:24	-	32	35:28	223	45:47	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	1:40	-	34	1:37	229	1:38	-	1:39:04	-	36	36:39	245	47:05	
Heuschnupfen Ei	-	14:42	-	26	5:46	203	7:21	-	1:53:46	-	36	42:25	245	54:26	
Heuschnupfen Ai	-	0:06	-	8	0:01	58	0:02	-	1:53:52	-	36	42:26	243	54:28	
Schlammbowle E	-	3:09	-	24	1:05	196	1:28	-	1:57:01	-	34	43:31	241	55:55	
Schlammbowle A	-	1:35	-	29	0:51	208	1:01	-	1:58:36	-	7	44:19	75	56:54	
Sportplatz Mühlb	8.00	4:08	-	26	0:39	186	0:57	16.00	2:02:44	7:40	26	44:58	185	57:34	