



Detailed evaluation

Höpping, Stefan

Club: Sportlerschmiede-HalbeLunge-Ilmenau
Number: 37

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 49:44

Speed: 9.65 km/h
Running performance: 6:13 min/km

Rank in course/Total: 32 (of 292)

Rank in course/Men: 29 (of 192)

Best time in course: 38:15

Rank in category: 5(of 38)

Best time in the category: 45:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Himmelsleiter +	-	2:41	-	10	0:55	47	1:19	-	2:41	-	10	0:55	47	1:19
Himmelsleiter +	-	4:04	-	8	0:34	39	1:14	-	6:45	-	10	1:29	41	2:33
Nordwand + Dov	-	5:52	-	8	0:37	36	1:27	-	12:37	-	8	2:06	38	3:58
Nordwand + Dov	-	2:01	-	11	0:23	50	0:33	-	14:38	-	8	2:24	40	4:27
Duckmäuser Eins	-	16:11	-	6	1:31	27	3:50	-	30:49	-	8	3:19	31	8:03
Duckmäuser Aus	-	0:24	-	11	0:05	43	0:08	-	31:13	-	9	3:21	31	8:09
Pneumant Einstie	-	0:34	-	6	0:10	28	0:13	-	31:47	-	9	3:19	28	8:19
Pneumant Aussti	-	0:07	-	10	0:02	39	0:04	-	31:54	-	9	3:21	28	8:20
Heuschnupfen Ei	-	10:46	-	5	0:52	18	2:02	-	42:40	-	6	4:13	24	10:22
Heuschnupfen Ai	-	0:06	-	14	0:02	65	0:02	-	42:46	-	6	4:14	23	10:24
Schlammbowle E	-	2:08	-	2	0:03	5	0:13	-	44:54	-	5	4:09	19	10:36
Schlammbowle A	-	0:49	-	4	0:05	26	0:15	-	45:43	-	5	4:14	19	10:51
Sportplatz Mühlb	8.00	4:01	-	13	0:21	71	0:38	8.00	49:44	6:13	5	4:32	29	11:29