



# Helbing King of Cross

Mühlberg / 01.11.2015

## Detailed evaluation

**Zellmann, Martin**

Club: Rhöner Rennsäue  
Number: 669

Course: 16.00 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 2:02:44

Speed: 7.82 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 202 (of 304)

Rank in course/Men: 185 (of 252)

Best time in course: 1:05:10

Rank in category: 57(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:41	-	38	1:39	98	1:39	-	2:41	-	38	1:39	98	1:39	
Himmelsleiter +	-	4:49	-	46	2:10	125	2:17	-	7:30	-	43	3:49	113	3:56	
Nordwand + Dov	-	6:18	-	46	2:32	166	2:35	-	13:48	-	44	6:21	131	6:31	
Nordwand + Dov	-	2:55	-	72	1:46	243	1:46	-	16:43	-	47	8:07	152	8:15	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	20:45	-	59	20:24	219	20:31	-	37:28	-	64	17:36	230	17:36	
Pneumant Aussti	-	0:03	-	1	-	4	0:02	-	37:31	-	73	17:33	247	17:33	
Heuschupfen Ei	-	13:34	-	56	6:15	198	6:15	-	51:05	-	71	23:48	242	23:48	
Heuschupfen Ai	-	0:09	-	60	0:05	210	0:05	-	51:14	-	28	23:53	92	23:53	
Schlammbowle E	-	2:54	-	48	1:10	163	1:11	-	54:08	-	70	25:03	241	25:03	
Schlammbowle A	-	1:19	-	54	0:45	176	0:45	-	55:27	-	74	25:47	91	25:47	
Himmelsleiter +	-	5:23	-	57	2:33	194	2:40	-	1:00:50	-	73	28:20	244	28:20	
Himmelsleiter +	-	4:56	-	45	2:03	152	2:09	-	1:05:46	-	73	30:23	244	30:23	
Nordwand + Dov	-	7:33	-	58	3:32	195	3:35	-	1:13:19	-	73	33:55	244	33:55	
Nordwand + Dov	-	2:27	-	62	1:16	214	1:23	-	1:15:46	-	73	35:11	244	35:11	
Duckmäuser Eins	-	20:50	-	40	10:01	141	20:33	-	1:36:36	-	57	45:12	191	45:12	
Duckmäuser Aus	-	0:21	-	14	0:10	35	0:10	-	1:36:57	-	67	45:20	223	45:20	
Pneumant Einstie	-	1:44	-	45	1:24	160	1:24	-	1:38:41	-	56	46:44	196	46:44	
Pneumant Aussti	-	0:06	-	17	0:04	52	0:04	-	1:38:47	-	72	46:48	245	46:48	
Heuschupfen Ei	-	14:54	-	59	7:33	209	7:33	-	1:53:41	-	72	54:21	245	54:21	
Heuschupfen Ai	-	0:09	-	61	0:05	212	0:05	-	1:53:50	-	71	54:26	243	54:26	
Schlammbowle E	-	3:08	-	59	1:26	192	1:27	-	1:56:58	-	73	55:52	241	55:52	
Schlammbowle A	-	1:39	-	66	1:04	216	1:05	-	1:58:37	-	73	56:55	247	56:55	
Sportplatz Mühlb	8.00	4:07	-	55	0:48	179	0:56	16.00	2:02:44	7:40	57	57:34	185	57:34	