



Detailed evaluation

Elsaesser, Sascha

Total time: 2:41:41

Club: Drillout Peppi's GTR Laufladen Erfurt Runners
Number: 424

Speed: 5.94 km/h

Running performance: 10:07 min/km

Course: 16.00 km

Rank in course/Total: 283 (of 304)

Expert

Rank in course/Men: 241 (of 252)

Best time in course: 1:05:10

Category:

Rank in category: 42(of 42)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:05:21

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	5:03	-	42	4:01	243	4:01	-	5:03	-	42	4:01	243	4:01	
Himmelsleiter +	-	5:48	-	42	3:16	242	3:16	-	10:51	-	42	7:17	242	7:17	
Nordwand + Dov	-	8:33	-	42	4:50	245	4:50	-	19:24	-	42	12:07	244	12:07	
Nordwand + Dov	-	2:59	-	42	1:48	245	1:50	-	22:23	-	42	13:55	242	13:55	
Duckmäuser Eins	-	26:15	-	20	13:33	158	15:35	-	48:38	-	20	25:23	157	29:22	
Duckmäuser Aus	-	0:15	-	1	-	4	0:02	-	48:53	-	19	25:14	152	29:23	
Pneumant Einstie	-	3:18	-	34	3:04	198	3:04	-	52:11	-	19	28:08	140	32:19	
Pneumant Aussti	-	0:10	-	32	0:09	164	0:09	-	52:21	-	19	28:13	139	32:23	
Heuschnupfen Ei	-	19:03	-	41	11:33	240	11:44	-	1:11:24	-	18	38:20	133	44:07	
Heuschnupfen Ai	-	0:10	-	38	0:06	223	0:06	-	1:11:34	-	18	38:24	129	44:13	
Schlammbowle E	-	4:06	-	42	2:23	233	2:23	-	1:15:40	-	18	40:21	126	46:35	
Schlammbowle A	-	2:07	-	42	1:33	235	1:33	-	1:17:47	-	18	41:51	126	48:07	
Himmelsleiter +	-	4:54	-	25	2:11	132	2:11	-	1:22:41	-	18	43:24	123	50:11	
Himmelsleiter +	-	4:53	-	29	2:06	145	2:06	-	1:27:34	-	18	44:47	123	52:11	
Nordwand + Dov	-	8:45	-	42	4:47	238	4:47	-	1:36:19	-	18	48:42	123	56:55	
Nordwand + Dov	-	2:52	-	42	1:48	239	1:48	-	1:39:11	-	18	50:04	123	58:36	
Duckmäuser Eins	-	28:29	-	31	17:38	188	28:12	-	2:07:40	-	18	1:05:25	112	1:16:16	
Duckmäuser Aus	-	0:23	-	10	0:07	57	0:12	-	2:08:03	-	18	1:05:28	110	1:16:26	
Pneumant Einstie	-	3:22	-	29	3:00	184	3:02	-	2:11:25	-	15	1:08:26	99	1:19:28	
Pneumant Aussti	-	0:10	-	26	0:08	153	0:08	-	2:11:35	-	15	1:08:32	99	1:19:36	
Heuschnupfen Ei	-	12:24	-	24	4:57	118	5:03	-	2:23:59	-	15	1:12:03	98	1:24:39	
Heuschnupfen Ai	-	0:10	-	37	0:06	222	0:06	-	2:24:09	-	15	1:12:08	99	1:24:45	
Schlammbowle E	-	10:28	-	41	8:45	238	8:47	-	2:34:37	-	15	1:20:35	95	1:33:31	
Schlammbowle A	-	2:04	-	41	1:30	235	1:30	-	2:36:41	-	15	1:21:56	95	1:34:59	
Sportplatz Mühlb	8.00	5:00	-	42	1:42	240	1:49	16.00	2:41:41	10:06	42	1:36:20	241	1:36:31	