



Detailed evaluation

Kummer, Annett

Club: Rolschtrunners
Number: 478

Course: 16.00 km
Expert

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:42:46

Speed: 5.90 km/h
Running performance: 10:10 min/km

Rank in course/Total: 292 (of 304)

Rank in course/Women: 45 (of 52)

Best time in course: 1:26:55

Rank in category: 4(of 4)

Best time in the category: 1:46:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	5:13	-	4	2:14	47	3:12	-	5:13	-	4	2:14	47	3:12
Himmelsleiter +	-	6:00	-	4	1:05	43	2:29	-	11:13	-	4	3:19	44	5:41
Nordwand + Dov	-	8:36	-	4	2:45	45	3:36	-	19:49	-	4	6:04	44	9:07
Nordwand + Dov	-	2:51	-	3	0:43	45	1:15	-	22:40	-	4	6:47	44	10:19
Duckmäuser Eins	-	24:40	-	2	2:15	28	10:39	-	47:20	-	2	4:44	27	20:58
Duckmäuser Aus	-	0:39	-	2	0:10	26	0:20	-	47:59	-	2	4:54	26	21:16
Pneumant Einstie	-	2:08	-	3	1:09	39	1:50	-	50:07	-	2	6:03	26	22:53
Pneumant Aussti	-	0:19	-	2	0:09	45	0:15	-	50:26	-	2	6:12	26	23:05
Heuschnupfen Ei	-	16:21	-	3	4:29	40	6:30	-	1:06:47	-	2	7:28	25	29:35
Heuschnupfen Ai	-	0:07	-	1	-	18	0:02	-	1:06:54	-	2	7:27	24	29:36
Schlammbowle E	-	3:42	-	4	1:02	41	1:27	-	1:10:36	-	2	7:35	24	31:03
Schlammbowle A	-	1:46	-	3	0:25	38	0:53	-	1:12:22	-	2	7:28	24	31:52
Himmelsleiter +	-	7:01	-	3	2:41	43	3:23	-	1:19:23	-	2	8:23	24	35:15
Himmelsleiter +	-	6:40	-	4	2:01	43	2:46	-	1:26:03	-	2	8:39	24	38:01
Nordwand + Dov	-	9:53	-	4	3:31	45	4:43	-	1:35:56	-	2	9:34	26	42:44
Nordwand + Dov	-	3:32	-	4	1:19	48	1:57	-	1:39:28	-	2	10:08	25	44:41
Duckmäuser Eins	-	28:53	-	4	11:03	37	14:09	-	2:08:21	-	2	12:49	25	58:50
Duckmäuser Aus	-	0:32	-	2	0:06	23	0:15	-	2:08:53	-	2	12:48	25	59:01
Pneumant Einstie	-	1:57	-	2	0:13	34	1:32	-	2:10:50	-	1	-	22	1:00:24
Pneumant Aussti	-	0:28	-	2	0:01	46	0:22	-	2:11:18	-	1	-	23	1:00:46
Heuschnupfen Ei	-	19:29	-	4	7:12	44	9:49	-	2:30:47	-	1	-	22	1:10:35
Heuschnupfen Ai	-	0:15	-	2	0:08	43	0:10	-	2:31:02	-	1	-	22	1:10:44
Schlammbowle E	-	4:39	-	4	1:59	43	2:31	-	2:35:41	-	1	-	21	1:13:15
Schlammbowle A	-	2:08	-	2	0:53	39	1:14	-	2:37:49	-	1	-	22	1:14:29
Sportplatz Mühlb	8.00	4:57	-	3	1:05	46	1:22	16.00	2:42:46	10:10	4	56:08	45	1:15:51