



# Helbing King of Cross

Mühlberg / 01.11.2015

## Detailed evaluation

**Obrovski, Igor**

Club: Coburg Locals / RunningBros  
Number: 601

Course: 16.00 km  
Expert

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:05:37

Speed: 7.64 km/h  
Running performance: 7:51 min/km

Rank in course/Total: 224 (of 304)

Rank in course/Men: 200 (of 252)

Best time in course: 1:05:10

Rank in category: 40(of 53)

Best time in the category: 1:09:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:31	-	34	2:24	167	2:29	-	3:31	-	34	2:24	167	2:29
Himmelsleiter +	-	5:35	-	49	2:46	237	3:03	-	9:06	-	36	5:10	184	5:32
Nordwand + Dov	-	6:24	-	35	2:29	179	2:41	-	15:30	-	36	7:39	191	8:13
Nordwand + Dov	-	2:39	-	48	1:23	233	1:30	-	18:09	-	38	8:52	198	9:41
Duckmäuser Eins	-	19:55	-	25	8:37	127	9:15	-	38:04	-	25	17:29	126	18:48
Duckmäuser Aus	-	0:39	-	29	0:22	148	0:26	-	38:43	-	25	17:47	123	19:13
Pneumant Einstie	-	1:22	-	37	1:02	164	1:08	-	40:05	-	23	18:49	114	20:13
Pneumant Aussti	-	0:08	-	20	0:06	103	0:07	-	40:13	-	23	18:53	113	20:15
Heuschupfen Ei	-	13:53	-	47	5:58	213	6:34	-	54:06	-	23	24:51	110	26:49
Heuschupfen Ai	-	0:05	-	2	0:01	8	0:01	-	54:11	-	23	24:51	106	26:50
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Schlammbowle A	-	4:22	-	51	3:46	246	3:48	-	58:33	-	52	26:51	248	28:53
Himmelsleiter +	-	4:44	-	23	1:43	112	2:01	-	1:03:17	-	51	28:34	244	30:47
Himmelsleiter +	-	5:09	-	36	2:06	180	2:22	-	1:08:26	-	51	30:40	244	33:03
Nordwand + Dov	-	7:03	-	33	2:53	170	3:05	-	1:15:29	-	51	33:33	244	36:05
Nordwand + Dov	-	2:38	-	48	1:15	232	1:34	-	1:18:07	-	51	34:47	244	37:32
Duckmäuser Eins	-	21:41	-	33	9:50	158	21:24	-	1:39:48	-	41	44:37	191	48:24
Duckmäuser Aus	-	0:33	-	33	0:18	151	0:22	-	1:40:21	-	48	44:53	223	48:44
Pneumant Einstie	-	1:51	-	37	1:30	165	1:31	-	1:42:12	-	46	46:23	196	50:15
Pneumant Aussti	-	0:21	-	45	0:19	194	0:19	-	1:42:33	-	51	46:40	245	50:34
Heuschupfen Ei	-	14:43	-	43	6:45	204	7:22	-	1:57:16	-	51	53:25	245	57:56
Heuschupfen Ai	-	0:07	-	28	0:03	132	0:03	-	1:57:23	-	51	53:28	243	57:59
Schlammbowle E	-	2:55	-	28	1:14	149	1:14	-	2:00:18	-	52	54:42	81	59:12
Schlammbowle A	-	1:24	-	41	0:45	187	0:50	-	2:01:42	-	52	55:27	247	1:00:00
Sportplatz Mühlb	8.00	3:55	-	21	0:44	115	0:44	16.00	2:05:37	7:51	40	56:11	200	1:00:27