



Detailed evaluation

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Club: Laufgruppe Durchgereicht
Number: 50

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:01:49

Speed: 7.76 km/h
Running performance: 7:44 min/km

Rank in course/Total: 137 (of 292)

Rank in course/Men: 111 (of 192)

Best time in course: 38:15

Rank in category: 20(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:09	-	16	1:23	74	1:47	-	3:09	-	16	1:23	74	1:47
Himmelsleiter +	-	5:10	-	19	1:40	101	2:20	-	8:19	-	17	3:03	86	4:07
Nordwand + Dov	-	7:08	-	23	1:53	132	2:43	-	15:27	-	18	4:56	105	6:48
Nordwand + Dov	-	2:32	-	25	0:54	133	1:04	-	17:59	-	18	5:45	105	7:48
Duckmäuser Eins	-	21:06	-	18	6:26	99	8:45	-	39:05	-	15	11:35	88	16:19
Duckmäuser Aus	-	0:27	-	15	0:08	72	0:11	-	39:32	-	15	11:40	86	16:28
Pneumant Einstie	-	1:26	-	23	1:02	134	1:05	-	40:58	-	15	12:30	84	17:30
Pneumant Aussti	-	0:09	-	18	0:04	80	0:06	-	41:07	-	15	12:34	84	17:33
Heuschnupfen Ei	-	12:22	-	16	2:28	70	3:38	-	53:29	-	16	15:02	83	21:11
Heuschnupfen Ai	-	0:06	-	14	0:02	65	0:02	-	53:35	-	16	15:03	81	21:13
Schlammbowle E	-	2:41	-	19	0:36	77	0:46	-	56:16	-	16	15:31	80	21:58
Schlammbowle A	-	1:13	-	25	0:29	108	0:39	-	57:29	-	16	16:00	80	22:37
Sportplatz Mühlb	8.00	4:20	-	22	0:40	127	0:57	8.00	1:01:49	7:43	20	16:37	111	23:34