



## Detailed evaluation

### Ballhausen, Matthias

Club: Team Helbing  
Number: 509

Course: 16.00 km  
Expert

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:55:29

Speed: 8.31 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 171 (of 304)

Rank in course/Men: 158 (of 252)

Best time in course: 1:05:10

Rank in category: 6(of 12)

Best time in the category: 1:48:03

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Himmelsleiter +    | -        | 3:34       | -            | 7           | 1:04        | 169     | 2:32       | -             | 3:34       | -            | 7        | 1:04        | 169     | 2:32       |
| Himmelsleiter +    | -        | 5:10       | -            | 6           | 1:01        | 171     | 2:38       | -             | 8:44       | -            | 7        | 2:05        | 170     | 5:10       |
| Nordwand + Dov     | -        | 6:18       | -            | 8           | 0:47        | 166     | 2:35       | -             | 15:02      | -            | 8        | 2:26        | 175     | 7:45       |
| Nordwand + Dov     | -        | 2:24       | -            | 10          | 0:31        | 191     | 1:15       | -             | 17:26      | -            | 8        | 2:57        | 175     | 8:58       |
| Duckmäuser Eins    | -        | 18:06      | -            | 6           | 0:43        | 99      | 7:26       | -             | 35:32      | -            | 7        | 3:11        | 108     | 16:16      |
| Duckmäuser Aus     | -        | 0:32       | -            | 9           | 0:09        | 131     | 0:19       | -             | 36:04      | -            | 7        | 3:19        | 106     | 16:34      |
| Pneumant Einstie   | -        | 0:44       | -            | 1           | -           | 67      | 0:30       | -             | 36:48      | -            | 7        | 3:02        | 92      | 16:56      |
| Pneumant Aussti    | -        | 0:08       | -            | 3           | 0:04        | 103     | 0:07       | -             | 36:56      | -            | 7        | 3:01        | 91      | 16:58      |
| Heuschnupfen Ei    | -        | 12:31      | -            | 6           | 0:35        | 144     | 5:12       | -             | 49:27      | -            | 6        | 3:05        | 87      | 22:10      |
| Heuschnupfen Ai    | -        | 0:06       | -            | 2           | 0:01        | 50      | 0:02       | -             | 49:33      | -            | 6        | 3:05        | 84      | 22:12      |
| Schlammbowle E     | -        | 2:52       | -            | 5           | 0:12        | 149     | 1:09       | -             | 52:25      | -            | 6        | 3:03        | 83      | 23:20      |
| Schlammbowle A     | -        | 1:14       | -            | 5           | 0:12        | 154     | 0:40       | -             | 53:39      | -            | 6        | 3:15        | 83      | 23:59      |
| Himmelsleiter +    | -        | 4:51       | -            | 3           | 0:41        | 125     | 2:08       | -             | 58:30      | -            | 5        | 2:50        | 81      | 26:00      |
| Himmelsleiter +    | -        | 4:59       | -            | 4           | 0:23        | 157     | 2:12       | -             | 1:03:29    | -            | 5        | 2:38        | 81      | 28:06      |
| Nordwand + Dov     | -        | 6:59       | -            | 5           | 0:47        | 160     | 3:01       | -             | 1:10:28    | -            | 5        | 3:12        | 81      | 31:04      |
| Nordwand + Dov     | -        | 2:22       | -            | 9           | 0:21        | 197     | 1:18       | -             | 1:12:50    | -            | 5        | 3:26        | 81      | 32:15      |
| Duckmäuser Eins    | -        | 19:40      | -            | 4           | 2:14        | 118     | 19:23      | -             | 1:32:30    | -            | 5        | 5:40        | 74      | 41:06      |
| Duckmäuser Aus     | -        | 0:28       | -            | 5           | 0:05        | 118     | 0:17       | -             | 1:32:58    | -            | 5        | 5:39        | 74      | 41:21      |
| Pneumant Einstie   | -        | 0:55       | -            | 2           | 0:05        | 82      | 0:35       | -             | 1:33:53    | -            | 5        | 5:44        | 64      | 41:56      |
| Pneumant Aussti    | -        | 0:08       | -            | 3           | 0:03        | 103     | 0:06       | -             | 1:34:01    | -            | 5        | 5:43        | 64      | 42:02      |
| Heuschnupfen Ei    | -        | 13:11      | -            | 5           | 1:16        | 156     | 5:50       | -             | 1:47:12    | -            | 5        | 6:59        | 65      | 47:52      |
| Heuschnupfen Ai    | -        | 0:06       | -            | 1           | -           | 58      | 0:02       | -             | 1:47:18    | -            | 5        | 6:57        | 65      | 47:54      |
| Schlammbowle E     | -        | 2:54       | -            | 4           | 0:25        | 147     | 1:13       | -             | 1:50:12    | -            | 6        | 7:12        | 65      | 49:06      |
| Schlammbowle A     | -        | 1:24       | -            | 5           | 0:13        | 187     | 0:50       | -             | 1:51:36    | -            | 6        | 7:19        | 64      | 49:54      |
| Sportplatz Mühlb   | 8.00     | 3:53       | -            | 3           | 0:07        | 101     | 0:42       | 16.00         | 1:55:29    | 7:13         | 6        | 7:26        | 158     | 50:19      |