



## Detailed evaluation

### Kleinsorg, Frank

Club: Trailrunning Harz - Helios Team  
Number: 608

Course: 16.00 km  
Expert

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:17:46

Speed: 12.34 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 10 (of 304)

Rank in course/Men: 10 (of 252)

Best time in course: 1:05:10

Rank in category: 1(of 35)

Best time in the category: 1:17:46

Intermediate times							Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	1:26	-	2	0:01	11	0:24	-	1:26	-	2	0:01	11	0:24
Himmelsleiter +	-	3:01	-	1	-	10	0:29	-	4:27	-	1	-	9	0:53
Nordwand + Dov	-	4:19	-	1	-	7	0:36	-	8:46	-	1	-	9	1:29
Nordwand + Dov	-	1:21	-	1	-	7	0:12	-	10:07	-	1	-	9	1:39
Duckmäuser Eins	-	12:41	-	1	-	7	2:01	-	22:48	-	1	-	7	3:32
Duckmäuser Aus	-	0:20	-	1	-	26	0:07	-	23:08	-	1	-	7	3:38
Pneumant Einstie	-	0:26	-	2	0:02	15	0:12	-	23:34	-	1	-	7	3:42
Pneumant Aussti	-	0:05	-	3	0:03	22	0:04	-	23:39	-	1	-	7	3:41
Heuschnupfen Ei	-	8:53	-	1	-	10	1:34	-	32:32	-	1	-	7	5:15
Heuschnupfen Ai	-	0:06	-	6	0:01	50	0:02	-	32:38	-	1	-	7	5:17
Schlammbowle E	-	2:04	-	1	-	11	0:21	-	34:42	-	1	-	7	5:37
Schlammbowle A	-	0:46	-	1	-	21	0:12	-	35:28	-	1	-	7	5:48
Himmelsleiter +	-	3:24	-	1	-	12	0:41	-	38:52	-	1	-	7	6:22
Himmelsleiter +	-	3:25	-	1	-	11	0:38	-	42:17	-	1	-	7	6:54
Nordwand + Dov	-	4:43	-	1	-	10	0:45	-	47:00	-	1	-	7	7:36
Nordwand + Dov	-	1:25	-	1	-	11	0:21	-	48:25	-	1	-	7	7:50
Duckmäuser Eins	-	13:09	-	2	12:52	11	12:52	-	1:01:34	-	1	-	7	10:10
Duckmäuser Aus	-	0:22	-	5	0:10	47	0:11	-	1:01:56	-	1	-	7	10:19
Pneumant Einstie	-	0:25	-	2	0:05	11	0:05	-	1:02:21	-	1	-	7	10:24
Pneumant Aussti	-	0:04	-	2	0:01	16	0:02	-	1:02:25	-	1	-	7	10:26
Heuschnupfen Ei	-	8:56	-	1	-	9	1:35	-	1:11:21	-	1	-	7	12:01
Heuschnupfen Ai	-	0:05	-	1	-	9	0:01	-	1:11:26	-	1	-	7	12:02
Schlammbowle E	-	2:04	-	1	-	13	0:23	-	1:13:30	-	1	-	7	12:24
Schlammbowle A	-	0:47	-	2	0:03	16	0:13	-	1:14:17	-	1	-	7	12:35
Sportplatz Mühlb	8.00	3:29	-	1	-	11	0:18	16.00	1:17:46	4:51	1	-	10	12:36