



## Detailed evaluation

### Schilling, Uwe

Club: Saalfeld/Saale  
Number: 356

Course: 16.00 km  
Expert

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:46:00

Speed: 9.06 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 104 (of 304)

Rank in course/Men: 99 (of 252)

Best time in course: 1:05:10

Rank in category: 15(of 31)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:15	-	19	2:03	151	2:13	-	3:15	-	19	2:03	151	2:13	
Himmelsleiter +	-	4:59	-	17	2:14	145	2:27	-	8:14	-	19	4:17	148	4:40	
Nordwand + Dov	-	5:52	-	16	1:57	118	2:09	-	14:06	-	17	6:14	139	6:49	
Nordwand + Dov	-	2:03	-	17	0:38	112	0:54	-	16:09	-	17	6:52	134	7:41	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	17:55	-	28	17:34	210	17:41	-	34:04	-	31	12:47	230	14:12	
Pneumant Aussti	-	0:05	-	3	0:01	22	0:04	-	34:09	-	31	12:46	247	14:11	
Heuschnupfen Ei	-	12:14	-	18	4:21	123	4:55	-	46:23	-	32	17:07	242	19:06	
Heuschnupfen Ai	-	0:06	-	5	0:01	50	0:02	-	46:29	-	31	17:06	242	19:08	
Schlammbowle E	-	2:52	-	19	1:08	149	1:09	-	49:21	-	32	18:14	241	20:16	
Schlammbowle A	-	0:58	-	12	0:21	77	0:24	-	50:19	-	32	18:35	248	20:39	
Himmelsleiter +	-	4:23	-	11	1:23	65	1:40	-	54:42	-	31	19:58	244	22:12	
Himmelsleiter +	-	4:23	-	11	1:20	67	1:36	-	59:05	-	31	21:18	244	23:42	
Nordwand + Dov	-	6:18	-	12	2:08	95	2:20	-	1:05:23	-	31	23:26	244	25:59	
Nordwand + Dov	-	1:57	-	11	0:33	84	0:53	-	1:07:20	-	31	23:59	244	26:45	
Duckmäuser Eins	-	17:41	-	12	5:50	73	17:24	-	1:25:01	-	26	29:49	191	33:37	
Duckmäuser Aus	-	0:30	-	20	0:16	135	0:19	-	1:25:31	-	30	30:02	223	33:54	
Pneumant Einstie	-	0:52	-	12	0:31	63	0:32	-	1:26:23	-	28	30:33	196	34:26	
Pneumant Aussti	-	0:07	-	10	0:05	80	0:05	-	1:26:30	-	31	30:33	245	34:31	
Heuschnupfen Ei	-	11:58	-	14	4:04	101	4:37	-	1:38:28	-	31	34:37	245	39:08	
Heuschnupfen Ai	-	0:06	-	7	0:01	58	0:02	-	1:38:34	-	31	34:37	243	39:10	
Schlammbowle E	-	2:37	-	11	0:54	74	0:56	-	1:41:11	-	29	35:31	241	40:05	
Schlammbowle A	-	1:04	-	10	0:26	86	0:30	-	1:42:15	-	31	35:57	247	40:33	
Sportplatz Mühlb	8.00	3:45	-	8	0:27	58	0:34	16.00	1:46:00	6:37	15	36:24	99	40:50	