



Detailed evaluation

Schneider, Antje

Club: Kernkraft Gera
Number: 186

Course: 8.00 km
Sprint

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:10

Speed: 7.72 km/h
Running performance: 7:46 min/km

Rank in course/Total: 143 (of 292)

Rank in course/Women: 29 (of 100)

Best time in course: 46:25

Rank in category: 5(of 9)

Best time in the category: 57:38

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Himmelsleiter +	-	3:28	-	2	0:20	23	1:18	-	3:28	-	2	0:20	23	1:18	
Himmelsleiter +	-	5:11	-	2	0:35	19	1:29	-	8:39	-	2	0:55	20	2:47	
Nordwand + Dov	-	7:02	-	6	0:56	40	1:37	-	15:41	-	4	1:24	26	4:18	
Nordwand + Dov	-	2:38	-	5	0:42	40	1:07	-	18:19	-	4	2:06	26	5:25	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	20:18	-	7	19:58	76	20:00	-	38:37	-	9	3:09	92	10:15	
Pneumant Einstie	-	1:18	-	4	0:41	46	0:55	-	39:55	-	9	3:50	95	11:07	
Pneumant Aussti	-	0:13	-	3	0:03	50	0:08	-	40:08	-	10	3:46	101	11:14	
Heuschnupfen Ei	-	13:51	-	6	1:08	37	3:17	-	53:59	-	10	4:54	100	14:31	
Heuschnupfen Ai	-	0:08	-	2	0:02	51	0:03	-	54:07	-	8	2:41	99	14:34	
Schlammbowle E	-	2:59	-	5	0:19	35	0:32	-	57:06	-	10	2:53	99	15:06	
Schlammbowle A	-	1:14	-	2	0:09	23	0:31	-	58:20	-	10	2:54	101	15:37	
Sportplatz Mühlb	8.00	3:50	-	1	-	5	0:12	8.00	1:02:10	7:46	5	4:32	29	15:45	