



Detailed evaluation

Schumann, Ralf

Club: Sport Fundgrube Rudolstadt
Number: 439

Course: 8.00 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 59:44

Speed: 8.04 km/h
Running performance: 7:28 min/km

Rank in course/Total: 107 (of 292)

Rank in course/Men: 87 (of 192)

Best time in course: 38:15

Rank in category: 14(of 29)

Best time in the category: 43:19

| Control | Intermediate times | | | | | | | Stage score | | | | Total ranking | | | |
|------------------|--------------------|------------|--------------|----------|-------------|---------|------------|-------------|------------|--------------|----------|---------------|---------|------------|--|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Himmelsleiter + | - | 2:30 | - | 6 | 0:42 | 36 | 1:08 | - | 2:30 | - | 6 | 0:42 | 36 | 1:08 | |
| Himmelsleiter + | - | 5:02 | - | 16 | 1:38 | 91 | 2:12 | - | 7:32 | - | 11 | 2:15 | 65 | 3:20 | |
| Nordwand + Dov | - | 7:07 | - | 21 | 2:06 | 130 | 2:42 | - | 14:39 | - | 12 | 4:21 | 75 | 6:00 | |
| Nordwand + Dov | - | 2:05 | - | 10 | 0:35 | 58 | 0:37 | - | 16:44 | - | 12 | 4:56 | 72 | 6:33 | |
| Duckmäuser Eins | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - | |
| Duckmäuser Aus | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - | |
| Pneumant Einstie | - | 21:07 | - | 25 | 20:38 | 167 | 20:46 | - | 37:51 | - | 28 | 11:14 | 184 | 14:23 | |
| Pneumant Aussti | - | 0:09 | - | 9 | 0:05 | 80 | 0:06 | - | 38:00 | - | 30 | 11:17 | 192 | 14:26 | |
| Heuschnupfen Ei | - | 13:25 | - | 19 | 3:29 | 113 | 4:41 | - | 51:25 | - | 30 | 14:46 | 188 | 19:07 | |
| Heuschnupfen Ai | - | 0:05 | - | 1 | - | 10 | 0:01 | - | 51:30 | - | 28 | 14:44 | 190 | 19:08 | |
| Schlammbowle E | - | 3:00 | - | 19 | 0:48 | 120 | 1:05 | - | 54:30 | - | 29 | 15:32 | 189 | 20:12 | |
| Schlammbowle A | - | 1:09 | - | 14 | 0:27 | 101 | 0:35 | - | 55:39 | - | 30 | 15:56 | 191 | 20:47 | |
| Sportplatz Mühlb | 8.00 | 4:05 | - | 15 | 0:29 | 86 | 0:42 | 8.00 | 59:44 | 7:28 | 14 | 16:25 | 87 | 21:29 | |