



Detailed evaluation

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Club: Die ultimativen Kampfsocken
Number: 143

Course: 8.00 km
Sprint

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:26:46

Speed: 5.53 km/h
Running performance: 10:51 min/km

Rank in course/Total: 281 (of 292)

Rank in course/Women: 91 (of 100)

Best time in course: 46:25

Rank in category: 9(of 9)

Best time in the category: 57:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	6:18	-	9	3:10	96	4:08	-	6:18	-	9	3:10	96	4:08
Himmelsleiter +	-	6:29	-	9	1:53	91	2:47	-	12:47	-	9	5:03	95	6:55
Nordwand + Dov	-	9:28	-	9	3:22	88	4:03	-	22:15	-	9	7:58	88	10:52
Nordwand + Dov	-	3:33	-	9	1:37	94	2:02	-	25:48	-	9	9:35	93	12:54
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	28:03	-	8	27:43	91	27:45	-	53:51	-	9	18:23	92	25:29
Pneumant Einstie	-	2:31	-	6	1:54	83	2:08	-	56:22	-	9	20:17	63	27:34
Pneumant Aussti	-	0:13	-	3	0:03	50	0:08	-	56:35	-	10	20:13	101	27:41
Heuschnupfen Ei	-	18:06	-	9	5:23	90	7:32	-	1:14:41	-	10	25:36	100	35:13
Heuschnupfen Ai	-	0:06	-	1	-	7	0:01	-	1:14:47	-	8	23:21	99	35:14
Schlammbowle E	-	4:17	-	9	1:37	94	1:50	-	1:19:04	-	10	24:51	99	37:04
Schlammbowle A	-	2:17	-	9	1:12	90	1:34	-	1:21:21	-	10	25:55	101	38:38
Sportplatz Mühlb	8.00	5:25	-	8	1:35	99	1:47	8.00	1:26:46	10:50	9	29:08	91	40:21