



Detailed evaluation

Köcher, Nils

Club: Crossfit
Number: 81

Course: 8.00 km
Sprint

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 57:11

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 79 (of 292)

Rank in course/Men: 68 (of 192)

Best time in course: 38:15

Rank in category: 1(of 1)

Best time in the category: 57:11

Intermediate times		Stage score						Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:30	-	1	-	36	1:08	-	2:30	-	1	-	36	1:08
Himmelsleiter +	-	4:03	-	1	-	35	1:13	-	6:33	-	1	-	36	2:21
Nordwand + Dov	-	6:31	-	1	-	83	2:06	-	13:04	-	1	-	50	4:25
Nordwand + Dov	-	2:12	-	1	-	66	0:44	-	15:16	-	1	-	52	5:05
Duckmäuser Eins	-	19:27	-	1	-	80	7:06	-	34:43	-	1	-	56	11:57
Duckmäuser Aus	-	0:23	-	1	-	32	0:07	-	35:06	-	1	-	55	12:02
Pneumant Einstie	-	0:58	-	1	-	81	0:37	-	36:04	-	1	-	53	12:36
Pneumant Aussti	-	0:16	-	1	-	172	0:13	-	36:20	-	1	-	53	12:46
Heuschnupfen Ei	-	13:03	-	1	-	102	4:19	-	49:23	-	1	-	61	17:05
Heuschnupfen Ai	-	0:05	-	1	-	10	0:01	-	49:28	-	1	-	58	17:06
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Schlammbowle A	-	3:52	-	1	-	187	3:18	-	53:20	-	2	-	191	18:28
Sportplatz Mühlb	8.00	3:51	-	1	-	43	0:28	8.00	57:11	7:08	1	-	68	18:56