



Detailed evaluation

Zaus, André

Club: Arnstadt
Number: 49

Course: 8.00 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:00

Speed: 8.28 km/h
Running performance: 7:15 min/km

Rank in course/Total: 92 (of 292)

Rank in course/Men: 77 (of 192)

Best time in course: 38:15

Rank in category: 13(of 29)

Best time in the category: 43:19

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Himmelsleiter + | - | 2:58 | - | 13 | 1:10 | 68 | 1:36 | - | 2:58 | - | 13 | 1:10 | 68 | 1:36 |
| Himmelsleiter + | - | 4:30 | - | 10 | 1:06 | 58 | 1:40 | - | 7:28 | - | 10 | 2:11 | 62 | 3:16 |
| Nordwand + Dov | - | 6:01 | - | 8 | 1:00 | 50 | 1:36 | - | 13:29 | - | 10 | 3:11 | 57 | 4:50 |
| Nordwand + Dov | - | 2:13 | - | 13 | 0:43 | 71 | 0:45 | - | 15:42 | - | 10 | 3:54 | 58 | 5:31 |
| Duckmäuser Eins | - | 19:49 | - | 14 | 5:47 | 87 | 7:28 | - | 35:31 | - | 12 | 9:41 | 64 | 12:45 |
| Duckmäuser Aus | - | 0:27 | - | 13 | 0:11 | 72 | 0:11 | - | 35:58 | - | 12 | 9:52 | 65 | 12:54 |
| Pneumant Einstie | - | 0:50 | - | 10 | 0:21 | 65 | 0:29 | - | 36:48 | - | 12 | 10:11 | 60 | 13:20 |
| Pneumant Aussti | - | 0:06 | - | 2 | 0:02 | 19 | 0:03 | - | 36:54 | - | 12 | 10:11 | 60 | 13:20 |
| Heuschnupfen Ei | - | 12:33 | - | 12 | 2:37 | 79 | 3:49 | - | 49:27 | - | 12 | 12:48 | 62 | 17:09 |
| Heuschnupfen Ai | - | 0:06 | - | 5 | 0:01 | 65 | 0:02 | - | 49:33 | - | 10 | 12:47 | 60 | 17:11 |
| Schlammbowle E | - | 2:57 | - | 16 | 0:45 | 114 | 1:02 | - | 52:30 | - | 10 | 13:32 | 60 | 18:12 |
| Schlammbowle A | - | 1:16 | - | 16 | 0:34 | 115 | 0:42 | - | 53:46 | - | 10 | 14:03 | 59 | 18:54 |
| Sportplatz Mühlb | 8.00 | 4:14 | - | 19 | 0:38 | 116 | 0:51 | 8.00 | 58:00 | 7:15 | 13 | 14:41 | 77 | 19:45 |