



Detailed evaluation

Nohr, Marcus

Club: Sportgruppe FA/UA-Btl 1
Number: 471

Course: 16.00 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 1:35:01

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 44 (of 304)

Rank in course/Men: 39 (of 252)

Best time in course: 1:05:10

Rank in category: 12(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:46	-	40	1:44	107	1:44	-	2:46	-	40	1:44	107	1:44	
Himmelsleiter +	-	4:33	-	35	1:54	98	2:01	-	7:19	-	37	3:38	103	3:45	
Nordwand + Dov	-	5:15	-	13	1:29	35	1:32	-	12:34	-	25	5:07	73	5:17	
Nordwand + Dov	-	1:45	-	13	0:36	42	0:36	-	14:19	-	25	5:43	72	5:51	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	15:12	-	54	14:59	164	14:59	-	29:31	-	65	10:01	214	10:01	
Pneumant Einstie	-	0:44	-	18	0:23	67	0:30	-	30:15	-	64	10:23	230	10:23	
Pneumant Aussti	-	0:09	-	38	0:06	133	0:08	-	30:24	-	73	10:26	247	10:26	
Heuschnupfen Ei	-	11:02	-	14	3:43	51	3:43	-	41:26	-	71	14:09	24	14:09	
Heuschnupfen Ai	-	0:05	-	5	0:01	8	0:01	-	41:31	-	70	14:10	24	14:10	
Schlammbowle E	-	2:27	-	13	0:43	40	0:44	-	43:58	-	70	14:53	24	14:53	
Schlammbowle A	-	0:56	-	21	0:22	64	0:22	-	44:54	-	74	15:14	248	15:14	
Himmelsleiter +	-	3:50	-	11	1:00	25	1:07	-	48:44	-	73	16:14	244	16:14	
Himmelsleiter +	-	3:52	-	12	0:59	27	1:05	-	52:36	-	73	17:13	244	17:13	
Nordwand + Dov	-	5:36	-	13	1:35	34	1:38	-	58:12	-	73	18:48	244	18:48	
Nordwand + Dov	-	1:46	-	16	0:35	42	0:42	-	59:58	-	73	19:23	22	19:23	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	16:27	-	56	16:16	189	16:16	-	1:16:25	-	67	24:48	223	24:48	
Pneumant Einstie	-	0:49	-	15	0:29	52	0:29	-	1:17:14	-	56	25:17	196	25:17	
Pneumant Aussti	-	0:10	-	43	0:08	153	0:08	-	1:17:24	-	72	25:25	23	25:25	
Heuschnupfen Ei	-	10:38	-	13	3:17	36	3:17	-	1:28:02	-	72	28:42	23	28:42	
Heuschnupfen Ai	-	0:05	-	6	0:01	9	0:01	-	1:28:07	-	71	28:43	23	28:43	
Schlammbowle E	-	2:26	-	16	0:44	44	0:45	-	1:30:33	-	73	29:27	23	29:27	
Schlammbowle A	-	0:53	-	12	0:18	35	0:19	-	1:31:26	-	73	29:44	247	29:44	
Sportplatz Mühlb	8.00	3:35	-	13	0:16	23	0:24	16.00	1:35:01	5:56	12	29:51	39	29:51	