



Helbing King of Cross  
Mühlberg / 01.11.2015

Detailed evaluation

Kümpel, Sebastian

Club: SC Motor Zella-Mehlis  
Number: 20

Course: 8.00 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 59:57

Speed: 8.01 km/h  
Running performance: 7:29 min/km

Rank in course/Total: 111 (of 292)

Rank in course/Men: 91 (of 192)

Best time in course: 38:15

Rank in category: 18(of 40)

Best time in the category: 38:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:01	-	26	2:39	126	2:39	-	4:01	-	26	2:39	126	2:39
Himmelsleiter +	-	5:43	-	26	2:53	145	2:53	-	9:44	-	26	5:32	128	5:32
Nordwand + Dov	-	6:23	-	15	1:56	74	1:58	-	16:07	-	24	7:28	119	7:28
Nordwand + Dov	-	2:27	-	24	0:55	110	0:59	-	18:34	-	24	8:23	116	8:23
Duckmäuser Eins	-	19:03	-	18	4:37	74	6:42	-	37:37	-	18	10:22	83	14:51
Duckmäuser Aus	-	0:24	-	11	0:08	43	0:08	-	38:01	-	18	10:26	82	14:57
Pneumant Einstie	-	0:39	-	9	0:18	43	0:18	-	38:40	-	18	10:36	80	15:12
Pneumant Aussti	-	0:10	-	26	0:07	103	0:07	-	38:50	-	18	10:43	80	15:16
Heuschnupfen Ei	-	12:39	-	16	3:44	83	3:55	-	51:29	-	15	13:10	71	19:11
Heuschnupfen Ai	-	0:05	-	3	0:01	10	0:01	-	51:34	-	15	13:11	69	19:12
Schlammbowle E	-	2:55	-	26	1:00	112	1:00	-	54:29	-	15	13:58	69	20:11
Schlammbowle A	-	1:29	-	33	0:49	150	0:55	-	55:58	-	17	14:43	71	21:06
Sportplatz Mühlb	8.00	3:59	-	16	0:34	67	0:36	8.00	59:57	7:29	18	21:18	91	21:42