



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Quetscher, Berenica**

Club: Arnsberg  
Number: 101

Course: 17.50 km  
Panorama Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:25:08

Speed: 12.33 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 45 (of 123)

Rank in course/Women: 5 (of 25)

Best time in course: 1:19:22

Rank in category: 1(of 4)

Best time in the category: 1:25:08

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	26:27	5:17	1	-	4	1:41	5.00	26:27	5:17	1	-	4	1:41
Lap 2	3.00	15:01	5:00	1	-	5	1:04	8.00	41:28	5:11	1	-	4	2:45
Last lap Ziel Hen	9.50	43:40	4:35	1	-	5	4:10	17.50	1:25:08	4:51	1	-	5	5:46