



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Tadday, Malte

Club: LG Interprint

Number: 119

Course: 17.50 km

Panorama Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:16:29

Speed: 13.34 km/h

Running performance: 4:22 min/km

Rank in course/Total: 10 (of 123)

Rank in course/Men: 10 (of 98)

Best time in course: 1:04:30

Rank in category: 3(of 12)

Best time in the category: 1:04:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	24:12	4:50	3	4:28	11	4:28	5.00	24:12	4:50	3	4:28	11	4:28
Lap 2	3.00	13:30	4:30	3	2:20	12	2:20	8.00	37:42	4:42	3	6:48	11	6:48
Last lap Ziel Hen	9.50	38:47	4:04	3	5:11	10	5:11	17.50	1:16:29	4:22	3	11:59	10	11:59