



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Kisse, Stefan

Club: LG Marienfeld
Number: 23

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Männer

Total time: 2:36:53

Speed: 6.50 km/h
Running performance: 8:58 min/km

Rank in course/Total: 20 (of 29)

Rank in course/Men: 13 (of 17)

Best time in course: 1:36:41

Rank in category: 13(of 17)

Best time in the category: 1:36:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	48:30	9:41	11	17:58	11	17:58	5.00	48:30	9:41	11	17:58	11	17:58
Lap 2	3.00	27:53	9:17	13	10:57	13	10:57	8.00	1:16:23	9:32	11	28:53	11	28:53
Last lap Ziel Hen	9.50	1:20:30	8:28	12	31:19	12	31:19	17.50	2:36:53	8:57	13	1:00:12	13	1:00:12