



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Middendorf, Petra**

Club: Live Laufftreff Versmold  
Number: 16

Course: 17.50 km  
Panorama-Walking / Nordic Walking

Category:  
Frauen

Total time: 2:01:43

Speed: 8.38 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 6 (of 29)  
Rank in course/Women: 2 (of 12)  
Best time in course: 1:56:28

Rank in category: 2(of 12)  
Best time in the category: 1:56:28

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	35:53	7:10	2	1:58	2	1:58	5.00	35:53	7:10	2	1:58	2	1:58
Lap 2	3.00	21:19	7:06	2	1:07	2	1:07	8.00	57:12	7:09	2	3:05	2	3:05
Last lap Ziel Hen	9.50	1:04:31	6:47	2	2:10	2	2:10	17.50	2:01:43	6:57	2	5:15	2	5:15