



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Möbus, Renate

Club: LSV Porz / Köln
Number: 8

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Frauen

Total time: 1:56:28

Speed: 8.76 km/h
Running performance: 6:40 min/km

Rank in course/Total: 5 (of 29)
Rank in course/Women: 1 (of 12)
Best time in course: 1:56:28

Rank in category: 1(of 12)
Best time in the category: 1:56:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	33:55	6:46	1	-	1	-	5.00	33:55	6:46	1	-	1	-
Lap 2	3.00	20:12	6:44	1	-	1	-	8.00	54:07	6:45	1	-	1	-
Last lap Ziel Hen	9.50	1:02:21	6:33	1	-	1	-	17.50	1:56:28	6:39	1	-	1	-