



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**schumann, dirk**

Club: balve  
Number: 527

Course: 10.00 km  
Uferweglauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 55:58

Speed: 10.72 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 49 (of 64)

Rank in course/Men: 38 (of 44)

Best time in course: 35:40

Rank in category: 5(of 5)

Best time in the category: 41:13

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	27:30	5:30	5	7:12	33	9:57	5.00	27:30	5:30	5	7:12	33	9:57
Last lap Ziel Hen	5.00	28:28	5:41	5	7:33	35	23:11	10.00	55:58	5:35	5	14:45	38	20:18