



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Günes, Ramazan

Club: M. Busch
Number: 260

Course: 5.00 km
Uferweglauf kurz

Category:
Männer (20-29 Jahre)

Total time: 20:25

Speed: 14.69 km/h
Running performance: 4:05 min/km

Rank in course/Total: 5 (of 43)

Rank in course/Men: 5 (of 24)

Best time in course: 18:29

Rank in category: 1(of 2)

Best time in the category: 20:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	9:57	3:58	1	-	4	0:30	2.50	9:57	3:58	1	-	4	0:30
Last lap Ziel Hen	2.50	10:28	4:11	1	-	5	1:26	5.00	20:25	4:05	1	-	5	1:56