



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Wischer, Dieter

Club: M. Busch
Number: 261

Course: 5.00 km
Uferweglauf kurz

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:25

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 25 (of 43)

Rank in course/Men: 19 (of 24)

Best time in course: 18:29

Rank in category: 2(of 3)

Best time in the category: 27:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	13:48	5:31	2	0:14	19	4:21	2.50	13:48	5:31	2	0:14	19	4:21
Last lap Ziel Hen	2.50	14:37	5:50	2	1:04	19	5:35	5.00	28:25	5:41	2	1:18	19	9:56