



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Schumacher, Christopher

Number: 114

Course: 17.50 km
Panorama Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:19:08

Speed: 12.89 km/h
Running performance: 4:31 min/km

Rank in course/Total: 18 (of 123)

Rank in course/Men: 18 (of 98)

Best time in course: 1:04:30

Rank in category: 3(of 9)

Best time in the category: 1:15:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	24:34	4:54	3	0:24	16	4:50	5.00	24:34	4:54	3	0:24	16	4:50
Lap 2	3.00	13:39	4:32	3	0:28	14	2:29	8.00	38:13	4:46	3	0:51	17	7:19
Last lap Ziel Hen	9.50	40:55	4:18	3	2:56	22	7:19	17.50	1:19:08	4:31	3	3:47	18	14:38