



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Blumberg, Inge

Club: RWW Wentholthausen
Number: 14

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Frauen

Total time: 2:42:30

Speed: 6.28 km/h
Running performance: 9:17 min/km

Rank in course/Total: 23 (of 29)

Rank in course/Women: 9 (of 12)

Best time in course: 1:56:28

Rank in category: 9(of 12)

Best time in the category: 1:56:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	48:57	9:47	8	15:02	8	15:02	5.00	48:57	9:47	8	15:02	8	15:02
Lap 2	3.00	28:34	9:31	8	8:22	8	8:22	8.00	1:17:31	9:41	8	23:24	8	23:24
Last lap Ziel Hen	9.50	1:24:59	8:56	9	22:38	9	22:38	17.50	2:42:30	9:17	9	46:02	9	46:02