



### 3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Anika, Natalie**

Club: SC Hagen-Wildewiese  
Number: 201

Course: 5.00 km  
Uferweglauf kurz

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 22:23

Speed: 13.40 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 8 (of 43)  
Rank in course/Women: 2 (of 19)

Best time in course: 22:01  
Rank in category: 1(of 1)  
Best time in the category: 22:23

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	2.50	11:06	4:26	1	-	2	0:17	2.50	11:06	4:26	1	-	2	0:17
Last lap Ziel Hen	2.50	11:17	4:30	1	-	2	0:05	5.00	22:23	4:28	1	-	2	0:22