



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Gödde, Jutta

Club: SC Meschede
Number: 140

Course: 17.50 km
Panorama Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:42:43

Speed: 9.93 km/h
Running performance: 5:52 min/km

Rank in course/Total: 99 (of 123)

Rank in course/Women: 19 (of 25)

Best time in course: 1:19:22

Rank in category: 3(of 4)

Best time in the category: 1:37:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	34:11	6:50	3	3:15	21	9:25	5.00	34:11	6:50	3	3:15	21	9:25
Lap 2	3.00	19:34	6:31	3	2:02	22	5:37	8.00	53:45	6:43	3	5:17	22	15:02
Last lap Ziel Hen	9.50	48:58	5:09	1	-	9	9:28	17.50	1:42:43	5:52	3	5:05	19	23:21