



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Schumacher, Dieter

Club: Schiedsrichter Kreis Arnsberg
Number: 547

Course: 10.00 km
Uferweglauf lang

Category:
Senioren M60 (60-64 Jahre)

Total time: 50:30

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 33 (of 64)

Rank in course/Men: 26 (of 44)

Best time in course: 35:40

Rank in category: 4(of 7)

Best time in the category: 43:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	25:11	5:02	3	3:36	21	7:38	5.00	25:11	5:02	3	3:36	21	7:38
Last lap Ziel Hen	5.00	25:19	5:03	4	3:31	23	20:02	10.00	50:30	5:02	4	7:07	26	14:50