



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Körber, Klaus

Club: SG Haspa
Number: 85

Course: 17.50 km
Panorama Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:44:54

Speed: 9.72 km/h
Running performance: 5:59 min/km

Rank in course/Total: 107 (of 123)

Rank in course/Men: 86 (of 98)

Best time in course: 1:04:30

Rank in category: 2(of 2)

Best time in the category: 1:23:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	33:16	6:39	2	7:06	87	13:32	5.00	33:16	6:39	2	7:06	87	13:32
Lap 2	3.00	18:53	6:17	2	4:25	88	7:43	8.00	52:09	6:31	2	11:31	85	21:15
Last lap Ziel Hen	9.50	52:45	5:33	2	10:13	79	19:09	17.50	1:44:54	5:59	2	21:44	86	40:24