



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Körber, Greta

Club: SG Haspa
Number: 511

Course: 10.00 km
Uferweglauf lang

Category:
Seniorinnen W75 (75 und älter)

Total time: 1:06:22

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 60 (of 64)
Rank in course/Women: 17 (of 20)

Best time in course: 40:46

Rank in category: 1(of 1)
Best time in the category: 1:06:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Lap 1	5.00	32:34	6:30	1	-	16	12:28	5.00	32:34	6:30	1	-	16	12:28				
Last lap Ziel Hen	5.00	33:48	6:45	1	-	16	13:08	10.00	1:06:22	6:38	1	-	17	25:36				