



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Keite, Margret

Club: Skiclub Schmallenberg
Number: 20

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Frauen

Total time: 2:55:41

Speed: 5.81 km/h
Running performance: 10:02 min/km

Rank in course/Total: 24 (of 29)
Rank in course/Women: 10 (of 12)
Best time in course: 1:56:28
Rank in category: 10(of 12)
Best time in the category: 1:56:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	51:35	10:18	9	17:40	9	17:40	5.00	51:35	10:18	9	17:40	9	17:40
Lap 2	3.00	30:54	10:17	10	10:42	10	10:42	8.00	1:22:29	10:18	9	28:22	9	28:22
Last lap Ziel Hen	9.50	1:33:12	9:48	11	30:51	11	30:51	17.50	2:55:41	10:02	10	59:13	10	59:13